



CLIFTON COMMUNITY HEALTH SERVICES

Newsletter

October 2018

Manager—Brad Jones



Hello everyone,
As you can see there has been a lot of changes as the barriers have come down after the pipes were laid earlier this month to our new Sunflower Lodge.

The tweaking of the finer details of the building have been taking place as we move closer to an opening. We do have an open day coming up, see our events page for details.

Last week some of our staff were able to attend training on the new state of the art beds that can make our residents safer and more comfortable during their stay. Nursing staff were most impressed with the weighing function that allows clinical staff to monitor the weights of residents without having to move

them out of bed. Automatic lighting comes on under the beds to help residents move around safely at night as well.

Jade our lifestyle Coordinator has also added a monthly newsletter that will keep you up to date. Every second months edition will be more in-depth with the usual input from the Chairman, Director of Nursing and the Medical centre.

Please "Like" our Clifton Community Health Services Facebook Page, we have gone past 475 likes for the page, just 25 to go and we will hit the big 500.

Remember, "Together we will continue to make a difference."

Regards, Brad.



Residents' Round-Up

Tommy Taylor

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Tommy was more years before selling and born in moving to Clifton, living in a Warwick on house on Kate street for a the 15th of further 20 years. It was only April 1922 this June that Tommy finally Its hard to made her home here in believe this Nirvana Hostel. Tommy keeps wonderful herself occupied by working on lady is her tapestries which can take already 96 up to 12 months to complete years old. Mother of six depending on how complex children all attending the they are. She was also a keen Headington Hill Primary school, seamstress and made many Tommy and her family lived on dresses for special occasions a farm running cattle and for her daughters. growing crops at Headington Tommy still enjoys playing Hill. After all her children had cards at the senior citizens and left home Tommy continued to was a volunteer at Meal on live alone on the farm for 10 Wheels.



Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,

It has been a very eventful month kicking off with the Father's Day event that saw many interesting motorbikes and cars. I was lucky that the Clifton Cruisers were able to attend and give

me the opportunity to show off my own bike to the surprise of many. This month saw the addition of the My Health records information session that explains how records can now be stored online as well as the First aid training that helps us keep those important skills current to ensure we can care for our residents.

We had almost four volunteers away over

Lifestyle Coordinator— Jade Gilchrist

the past 6 weeks and I am very glad that everyone is well and back on deck; Our volunteers are extremely valuable to Lifestyle in delivering the high standard of activities and one on one support to our residents.

We also have welcomed a new volunteer Shirley who has been reading and visiting residents in the afternoon on Tuesday and Thursdays.

I have also added peppermints onto my weekend trolley and love my afternoon chats with residents on a Friday afternoon while doing the weekend trolley rounds.

Please let me know if you have any suggestions for the trolley for snacks or activities.

Regards, Jade.

October Birthdays

James 21st

Jane 8th

Max 28th

Welcome New Residents

Eric in Nirvana

John to the Nursing Home



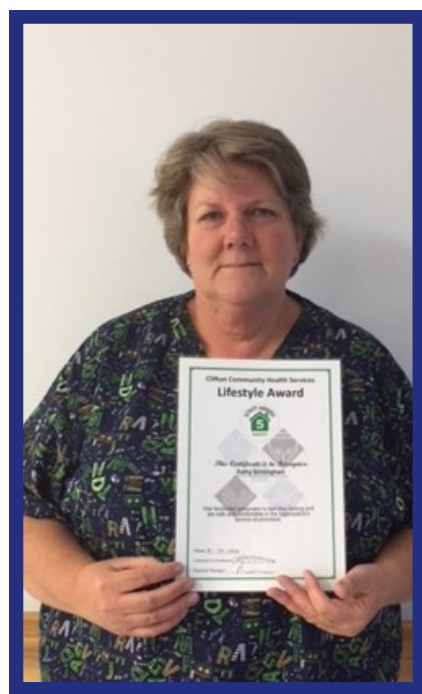
Rest in Peace

Kenneth B

Bruce

Patty

Lifestyle Award WINNER



The winner of the Lifestyle Award for August was Kathy under the category of Excellence in Safety.

Congratulations Kathy!

THE CLIFTON COURIER

Wednesday, August 29, 2012

Clifton celebrates Seniors Week

Clifton Community Health Services held a special concert and morning tea for local senior citizens on Wednesday, as part of the annual Seniors Week celebrations.



ABOVE LEFT: Singer Cathy Drummond had the crowd captivated with her entertaining performance. ABOVE RIGHT: Clifton's oldest seniors Myra Heath (102) and Rene O'Leary (100) cut the Seniors Week cake. BELOW LEFT: Clifton residents Phyllis Binnie, Tommy Taylor and Nora Logan enjoyed the concert. BELOW RIGHT: Clifton Community Health Service volunteers Danny Daniels, Betty Murphy, Eileen Kelly, Lian Gilchrist, Lyn Holland, Eleanor McGovern, Julie Dennis, Jade Gilchrist, Margaret Agnew and Christine Fiechtner.



Did you see the recent media in the Clifton Courier?

THE CLIFTON COURIER

Wednesday, September 5, 2012

Impressive machinery on show for Father's Day

An array of historic cars and motorcycles was showcased at Clifton Community Health Services Father's Day event on Monday.

The event proved to be popular with local fathers with a Morris Minor, 2002 Elfin Type 3, police display and an array of motorcycles attracting great interest.

It was organised by

Clifton Community Health Services' Lifestyle and Volunteer Coordinator Jade Gilchrist.

"We were trying to put on an event for the fathers that they actually would want to

come out and have a look at," Ms Gilchrist said.

"The older cars brought back many memories for those that attended."

"Many of the fathers started talking about the

vehicles they used to own, how much they used to pay for them and so forth."

Clifton Community Health Services General Manager Brad Jones described the event as successful.



LEFT: Nobby resident John Warner shows his 2002 Elfin Type 3 to Clifton resident Lloyd Ruhle and Clifton Community Health Services General Manager Brad Jones. RIGHT: Clifton Police with members of local social motorcycle group.





Thanks to the great people who took the time to show us their vehicles



We welcomed
The Clifton
Cruisers



The residents loved seeing the motorbikes and cars.








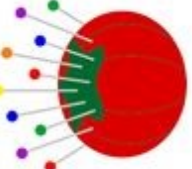























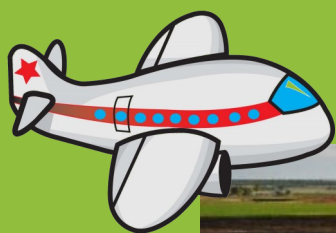
10am MORNING TEA

ACTIVITIES START AROUND 10:30AM

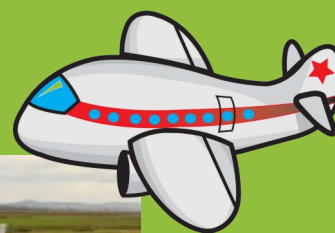
OCTOBER 2018

PROGRAM IS SUBJECT TO
CHANGES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>KEEP CALM AND HAVE A LAZY SUNDAY</p>	<p>1</p> <p>Labour Day Public Holiday</p>	<p>2</p> <p>CARDS & GAMES</p> 	<p>3</p> <p>LYNELLE</p> 	<p>4</p> <p>OUTING 9AM</p> 	<p>5</p> <p>WEEKEND TROLLEY</p> 	<p>6</p> 
<p>7 10.30AM</p> <p>PRESBYTERIAN SERVICE</p> 	<p>8 9:00 CATHOLIC SERVICE</p> <p>9:40 TAI-CHI SPORTS</p>  <p>JANE</p>	<p>9</p> <p>CRAFT</p> 	<p>10</p> <p>SUNNYSIDE UP</p> 	<p>11</p> <p>WORDGAMES</p> 	<p>12</p> <p>WEEKEND TROLLEY</p> 	<p>13</p> 
<p>14</p> <p>KEEP CALM AND HAVE A LAZY SUNDAY</p>	<p>15 9:40 TAI-CHI SPORTS</p> 	<p>16</p> <p>CARDS & GAMES</p> 	<p>17</p> <p>ELEANOR'S MORNING</p> 	<p>18</p> <p>BARN YARD BABIES</p> 	<p>19</p> <p>WEEKEND TROLLEY</p> 	<p>20</p> 
<p>21</p> <p>KEEP CALM AND HAVE A LAZY SUNDAY</p> <p>JAMES</p>	<p>22 9:40 TAI-CHI 11:00 ANGLICAN SERVICE</p> 	<p>23</p> <p>CARDS & GAMES</p> 	<p>24</p> <p>ELEANOR'S MORNING</p> 	<p>25</p> <p>9:40 Feldenkrais</p>  <p>KEN GILLAM</p>	<p>26</p> <p>RESIDENTS MEETING</p>  <p>HAPPY HOUR 2-4PM</p>	<p>27</p> 
<p>28 10.30</p> <p>HYMNS WITH KATH</p>  <p>MAX</p>	<p>29 9:40 TAI-CHI SPORTS</p> 	<p>30</p> <p>CARDS & GAMES</p> 	<p>31</p> <p>BIRTHDAYS</p> 	<p>Outing 9 people 4th October 9am leaving Nirvana Airfield trip Back for lunch</p>	<p>Grace Piano 18th</p> 	<p>RESIDENTS NAMES APPEAR IN RED ON THEIR BIRTHDAY</p>



Airfield Visit



Please join us on Thursday 4th of October 9am for an outing!

See Jade to book your seat

BARNYARD BABIES VISIT

Residents will get a dose of Cuteness on
Thursday October 18th



Barnyard Babies mobile animal farm has rapidly become a household name in South East Queensland, and is a popular service used by schools, day care centres, nursing homes, fetes, local shows and shopping centres.

Open Day for the Sunflower Lodge!!

Saturday 13th of October

9am—12noon

RSVP Essential by Wednesday the 10th

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