



**Chairman
Chris Bazley**

Goodday readers,

The rain keeps coming in small lots which will do at the moment but a single fall of 50mls would be great.

Amazing how a few people can mess things up for all of us with COVID-19.

Your CCHS board continues to work with

the management team on how we respond to the almost daily changes to regulations to ensure all of us remain safe and in a low risk environment.

Another financial year over and auditors now looking at the numbers for our AGM in a couple of months. You will remember I mentioned in a previous newsletter that we are working on something big for our facility, well it is still progressing and sown to negotiation stage now. Hopefully exciting news soon! I miss the Hospital Auxiliary ladies down town as their cooking and raffle prizes are fantastic. Let's hope it's back to normal for all that soon.

The CCHS board are organising meetings with the state government medical decision makers as elections get closer as well as with their federal counterparts to ensure they know what we are up to, our needs and don't forget us.

On behalf of the board I would like to give a big "virtual" pat on the back to all our staff, residents, visitors and patients for following our rules and adhering to the protocols we have in place. Everyone's efforts have kept us all safe. Thank you.

The appointment of Sheryl Ries in HR will allow us to ensure we keep up to speed with all the legislation changes.

Next year the CCHS board will have some membership changes with retirements after years of commitment to ensuring our local community has top quality medical and aged care facilities. When these announcements are made, I would really appreciate your acknowledgment to them.

Regards Chris

Complaints/Compliments and Feedback

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July seems to feel a little more normal as we have some of our volunteers back. Activities also returning to normal with entertainers and church services starting up again. Happy hour is once per fortnight and we have a drink and snacks while playing hoiy. We are still seeking a new resident representative and any interested residents are most welcome to let the staff know if they are happy to provide us with any feedback.

General Manager-Brad Jones



Well, I am sure you will agree that we will not forget 2020 in a hurry. Thank you all again for the way you are working with us in partnership to keep our community safe.

Thank you to our CCHS team who have had a year to remember and continue

to perform at their usual high level in stressful and challenging situations. We will try and find time to celebrate Aged Care Employee Day on Friday 7th August.

The last month continues to confirm my message that **COVID-19 has not gone away**; Our thoughts remain with our fellow Australians in Victoria and NSW and in particular with all our colleagues and friends working in Health and Aged Care. We are now seeing cases in Brisbane and I continue to Thank you for your cooperation with the measures we have in place and ask you all to **be prepared for enhanced restrictions to be implemented with little notice as the situation changes.**

Vigilance and protection measures across all aspects of your lives and particularly with your interactions with our local Health and Aged Care service are the most important way that you can help those that shaped our Community and this nation and made them what they are today.

Across the Hospital and Residential Aged Care our patients and residents are a group of people who are particularly susceptible to the COVID-19 virus, measures remain in place to reduce risk of infection.

You must have had the 2020 influenza vaccination and provided proof to us.

You must not have come from a declared Australian hotspot or one of the restricted zone areas declared in QLD.

You must not have been in known contact with a suspected or confirmed case of Covid-19.

If you are unwell or have any symptoms, please delay any planned visit, and arrange to get tested. Isolate until results are known.

To allow us to make best use of our limited resources we would request you to please phone ahead to arrange your visit.

Depending on who you are visiting, pre-approved access to the complex is via the

phone at the main Hospital entrance or via the call bell at the main door of Nirvana Hostel.

On each pre-approved visiting occasion we will double check your influenza vaccination status, complete some paperwork, ask some basic health questions, enforce hand hygiene measures, take your temperature and ask you to go straight to visit your loved one in their room or agreed outdoor location. Phone number, email and address details are required for contact tracing purposes if required.

No more than two people at a time to visit (except in specially approved circumstances please conclude your visit by 8pm). Social Distancing measures should continue to be observed during your visit.

If you are not an immediate family member, we would encourage you to talk to the relevant resident, patient, or their representative family member in relation to them being aware of your visit.

We all have an obligation to continue to work together to also reduce the risk to all when residents venture out under approved circumstances, please continue to co-operate in this regard by providing as much detail as possible about the circumstances and discussing this with us.

If the situation escalates in Qld, then we will reintroduce several of the measures that we initially had in place in March and move to a preventative lockdown situation. We are monitoring developments in Qld, Victoria, NSW and will continue to monitor all the advice from Darling Downs Health, Qld Health, and the Federal Department of Health. We will continue to stay in contact and keep you updated as things change. **As in all aspects of our community organisation we are keen to talk to you re your individual circumstances and how we may be able to assist.**

If you are attending the Clifton medical centre and have Covid-19 symptoms, please remember to ring ahead, and discuss arrangements.

Remember, a community working together with a common purpose can achieve anything.

Continue to support each other, be kind and "together we will continue to make a difference"

Regards

Brad

 **Aged Care
Employee Day**
Thanks for caring

Lifestyle & Volunteer

Coordinator—Jade Gilchrist

Hi everyone,



It was a month for the lifestyle team and volunteers to get to do what we are known for. It has been lovely to have the community visitors back in again as they enrich our program so much each week.

The highlight for me this month was trying to get my head around face book live. This challenged me to get deeper into technology as we are trying to reach out to the community and celebrate seniors week with a live concert. I am sure the residents must feel intrigued as they delve into this process and I enjoy sharing the learning journey with you all. We had 340 people view the concert on the Clifton Community Health

Services Facebook page and 21 comments. With any luck the concert can be shared much further when Tillberry Green are playing and drawing attention to our great facility.

Please keep up the good work and don't get complacent with our COVID infection control practices so we can stay safe.

Kind Regards,

Jade

Thinking about becoming a
volunteer
Call Jade 4697 3499

August Birthdays

Ron	5th
Dudley	15th
Darrel	18th
Elizabeth	31st



Lifestyle Award WINNER



The winner of the Lifestyle Award for July is Maree under the category of Excellence in Team work

Thank you for your work in managing the visitors and vaccination records that help keep us safe.

Congratulations Maree



Sheryl Ries - Human Resource Officer

Sheryl and her family moved to the Clifton area a couple of years ago and have been renovating their old farmhouse ever since. With many close encounters with a variety of critters calling their house and yard home, discovering the challenges of drought and seeing what happens to black soil when it does rain . . . life has been an adventure! Sheryl is a Psychologist by training and has specialised in helping people within the workplace. She says; 'given we spend such a large portion of our lives at work, you want it to be a good place to be'.

Sheryl has started reviewing our human resource practices and is progressively moving around our facility to get to know our people and services. For anyone working at Clifton Community Health Services, please don't hesitate to drop in and see her, pull her up in the corridors or phone her on extension 81 – she is keen to learn about what you do and how she may be able to help you and your team.

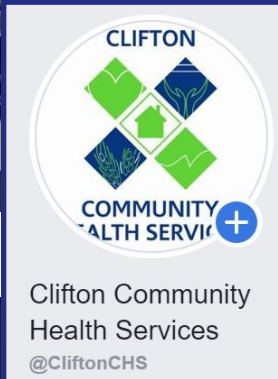
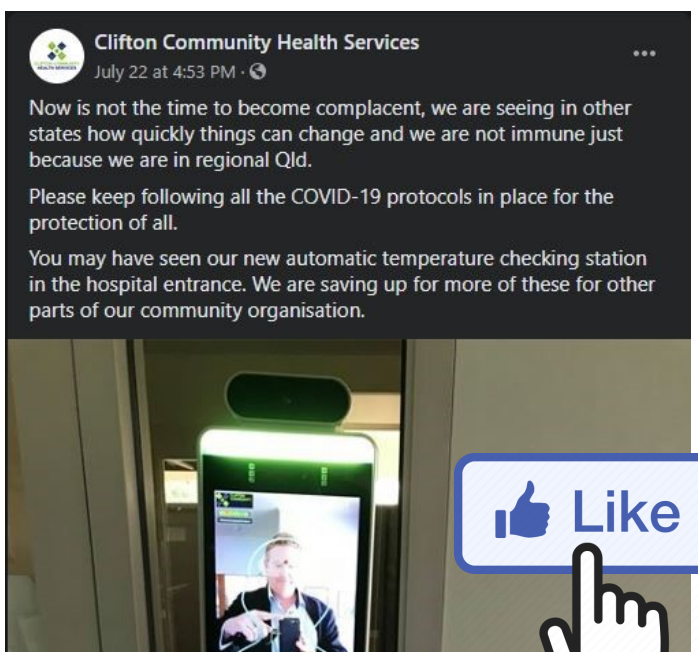
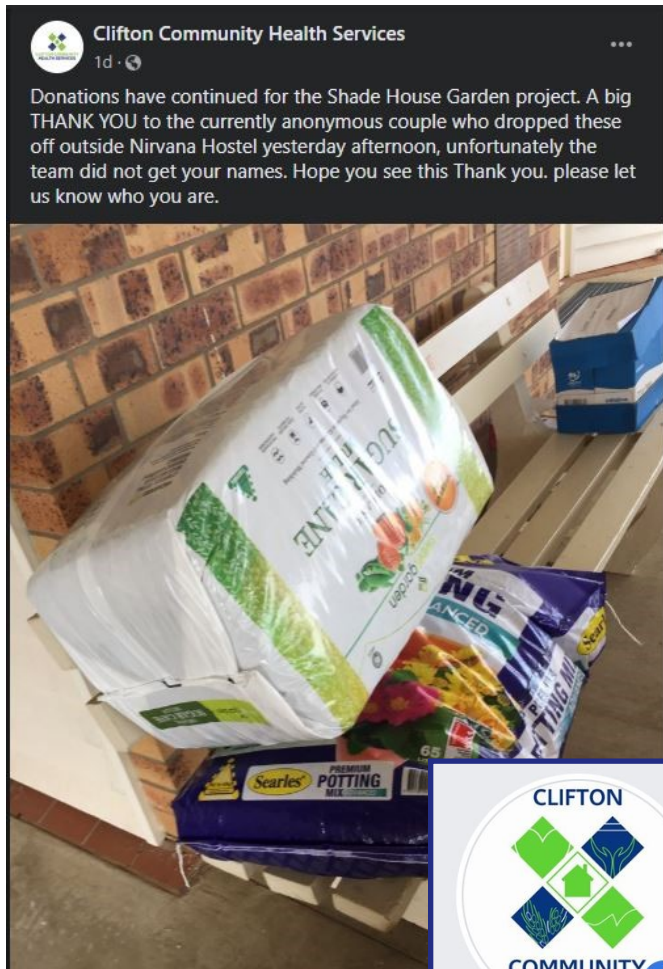
Sheryl works Mondays, Tuesdays and Wednesdays and is located in Nirvana.

Morning Tea 10:00am
Activities
10:30am-11:30am

August 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Flute in Sunflower 1pm Mondays 		5 Lynelle Plays 	6 Flute Concert 	7 BINGO! 	8 HEY HAY <i>it's a lazy Saturday</i> 	2 10.30am Presbyterian Service 
3 9:40 tai Chi Movie 	4 	5 Lynelle Plays 	6 Flute Concert 	7 BINGO! 	8 HEY HAY <i>it's a lazy Saturday</i> 	9 
10 9:00am Catholic Church Tai Chi 	11 	12 Trivia 	13 Holtz's plays 	14 BINGO! <i>1pm Happy Hour</i> 	15 HEY HAY <i>it's a lazy Saturday</i> 	16 
17 Tai Chi 10:40am Celebration of Life 	18 	19 Armchair Travel 	20 Seniors Concert 	21 BINGO! 	22 HEY HAY <i>it's a lazy Saturday</i> 	23 
24 Tai Chi 10:30am Anglican Church 	25 	26 Resident meeting 	27 Ken Plays 	28 BINGO! <i>1pm Happy Hour</i> 	29 HEY HAY <i>it's a lazy Saturday</i> 	30 
31 Tai Chi 						

Program is subject to change without notice





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THURSDAY, AUGUST 20, 2020 AT 10:30 AM – 11:30 AM

(ONLINE/VIRTUAL) Seniors Week Concert

Facebook Live




 **Denise Kaye Oliver**
July 10 at 1:22 PM · 🌐

Andrew playing bingo with his pop



**Friends of CCHS
Facebook Group
Helping families stay
connected**

 **Clifton Community Health Services** shared a live video. ...
July 23 at 11:57 AM · 🌐



Clifton Community Health Services was live — at Clifton Community Health Services.
July 23 at 10:31 AM · Clifton · 🌐