



**CLIFTON COMMUNITY
HEALTH SERVICES**

Newsletter

May 2021



**Chairman
Andrew Douglas**

Hello Everyone

Firstly, may I acknowledge all of the Mothers in our community. While you are to be treasured every day of the year for the important role you play, it is particularly nice for your respective contributions to be more specifically acknowledged on

Mother's Day. I hope you were all suitably spoilt and enjoyed a lovely day on Sunday 9 May.

With the Covid-19 Vaccination program rolling out across the nation, I am pleased to say that all of our residents have now had both of their shots. Thank you for your participation and patience, especially given the challenges experienced as a result of delayed delivery of the vaccines on the first day and change of day for the second dose.

While on the subject of vaccines, please be sure to watch for notification regarding the timing of this year's Flu Vaccinations, with the

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regulated deadline by which we must all have had our shots rapidly approaching.

As Brad will cover in more detail in his report, our Management Team 'hosted' an unannounced Audit Team for a few days in April, as they assessed our operations in Nirvana. Being the first since the implementation of the new Standards, the process has identified some areas for improvement, mostly on the administration side of things, on which the team is currently busily working. Overall, though, the report was positive and, as always, we welcome the opportunity to continually improve in every aspect of our business.

Anzac Day this year again saw suitable celebrations of our Veterans' service, with a wonderful ceremony held at the complex with Australia's Light Horse Brigade represented by volunteers on horseback, in all their regalia, and even an ambulance dog! Be sure to check out the great photo/s later in the newsletter.

Lastly but by no means least, and on behalf of the Board and Management, and all of the beneficiaries of their good work, I should like to extend a very sincere thank you to the outgoing and continuing Committee Members of the Clifton Hospital Auxiliary. Congratulations to those elected to the Committee and its respective Officer roles for the coming period. The work of our volunteers, such as those who generously give of their time in this way, is fundamental to our organisation and the great work it does. Thank you to all involved!

Until next month, stay safe.

Regards, Andrew

General Manager-Brad Jones



Well, once again lockdowns, masks and additional entry requirements. Qld did extremely well and a larger issue was avoided. It has again been legislated that you must have the current (2021)

influenza vaccination to come onsite to our Residential facilities. Please contact the Clifton Medical Practice or your preferred provider to arrange yours ASAP so that you can continue your visits to loved ones. Remember to please ask for proof of the vaccine so we can keep a copy for the entry file.

Entry protocols remain in place across the complex. Please ensure that you are completing the contact tracing information.

- I have written to all residents and families with additional information on the SIRS program that I discussed in early April.

- The lockdowns and entry requirements lifted in time for us to have tremendous Anzac Day and Mother's Day commemoration and celebrations in addition to the visiting horses and canines during the month.

Shortly we will hear from the Federal Government with the release of the Budget and it is to be hoped that the substantial reforms of the Aged Care Royal Commission will be implemented and suitably funded. Thank you to those that got involved in the campaign with over 50,000 people signing the petition to show that they care about aged care and the level of funding required to provide services right now, and into the future.

In the last few days of the April lockdown we welcomed the team from the Australian Aged Care Quality and Safety Commission for the long awaited reaccreditation visit for Nirvana Hostel. This was our first examination under the "new/current" accreditation standards and the onsite team commented on how happy and well cared for our residents are and how the pride we take in the services we provide is

evident. We are always striving to improve in everything we do and the draft report received has made nine recommendations with regards to our paperwork and processes around ongoing assessment and planning with consumers, risk review paperwork, assessment paperwork and personal and clinical care process and paperwork. We have provided our response to the decision makers and await the final report. In the mean time we have wasted no time in revising and actioning our continuous improvement plans to adopt new risk management assessments, and are completely undertaking new and additional assessments for every Nirvana resident. (And then on to the Nursing Home). We have always verbally invited residents and families to actively participate in their care planning process (and they do) however we have now moved to a process of sending formal invitations to participate and residents and families of Nirvana Hostel should have received one of these invitations over the last few weeks. This first review has also highlighted the need to advance the adoption of a Resident Management information technology system and we have accelerated the review and adoption of these systems under our Information Technology Strategic Planning Roadmap.

Running parallel with this we are also in the implementation phase of a new rostering and payroll system, having successfully transitioned to a new financial system and enhancements to the medical practice booking system. Before August 2021 we are also on track to have upgraded internet connected to the site.

Thank you to the outgoing Hospital Auxiliary executive and welcome to the new team.

Finally, please get your Covid-19 vaccination. Don't be complacent. The news coming out of India at the moment shows just how bad things can get.

Be kind to each other and together we will continue to make a difference.

Regards, Brad.

Lifestyle Coordinator— Jade Gilchrist



Hi everyone,

Lifestyle & Volunteer Coordinator—Jade Gilchrist

We have had a few disruptions this month with COVID vaccinations and the lockdown in the beginning of the month. We were back on track by mid-month and able to have our Anzac day service which was very well attended. This service was made extra special with a visit from Kaylene and Bruce with their dog and horse and both dressed in full costume. We would like to thank them both for taking time out of their day to do this. The residents loved the visit.

There is a change to the calendar as we have now included all the afternoon activities we offer in Sunflower Lodge and no longer have space for our pictures. Residents are all

welcome to attend our activities no matter where they may be running and if you would like to attend please let us know or ask staff to take you.

Mother's Day was celebrated with a high tea supplied by the kitchen. Lifestyle, with the help of volunteers, ran mother's day activities to celebrate this event.

We also have a lunch outing planned in Clifton and will be inviting two residents out with Casey and Marianne, this will involve planning and if you would like to go out please let us know and we can add you to the list. Happy hour has been reduced to monthly as we found that residents were declining. We still have happy hour monthly and welcome you to join us.

Take care,

Regards, Jade

Lifestyle/Volunteer Coordinator

May Birthdays

Frank
Cecilie
Merv
Paul



Thinking about becoming a
volunteer ?
Call Jade 4697 3499

Rest in Peace

Thelma
Brian



Morning Activities
9:40am -11:40am
Afternoon Activities
1:00pm-2:15pm



May 2021

Mon	Tue	Wed	Thu	Fri
3 Labor Day Public Holiday	4 9:10am One to One 10am Social Morning Tea 10:30am Hoy 1pm Activities in Nursing Home 2pm Tai Chi in Sunflower	5 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Lynelle plays 1pm Pool in DT room	6 9:10am One to One 10am Social Morning Tea 10:30am Jade plays 1pm Activities in Nursing Home 2pm Tai Chi in Sunflower	7 Mothers Day Theme 10:00am Social Morning Tea 10:30am Activities 1pm DT Documentation
10 9am Catholic Church 9:40am Tai Chi 10am Social Morning Tea 10:30am Crosswords 1pm DT Planning meeting	11 9:10am One to One 10am Social Morning Tea 10:30am Hymns with Kath 1pm Activities in Nirvana 2pm Tai Chi in Sunflower	12 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Trivia 1pm Pool in DT room	13 9:10am One to One 10am Social Morning Tea 10:30am Holz's plays 1pm Activities in Nirvana 2pm Tai Chi	14 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Bingo 1pm DT Documentation
17 9:40am Tai Chi 10am Social Morning Tea 10:30am Word games 1pm DT Planning meeting	18 9:10am One to One 10am Social Morning Tea 10:30am Hoy 1pm Activities Gardening 2pm Tai Chi in Sunflower	19 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Armchair Travel 1pm Pool in DT room	20 9:10am One to One 10am Social Morning Tea 10:30am Grace plays 1pm Activities in Nursing Home 2pm Tai Chi in Sunflower	21 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Bingo 1pm Happy Hour in DT room
24 9:40am Tai Chi 10am Social Morning Tea 10:30am Anglican Church 12pm Lunch Outing	25 9:10am One to One 10am Social Morning Tea 10:30am Hoy 1pm Activities in Nursing Home 2pm Tai Chi in Sunflower	26 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Residents Meeting 10:45am Bush Poetry visit 1pm Pool in DT room	27 9:10am One to One 10am Social Morning Tea 10:30am Ken plays 1pm Activities in Nirvana 2pm Tai Chi in Sunflower	28 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Bingo 1pm DT Documentation
31 9:40am Tai Chi 10am Social Morning Tea 10:30am Word games 1pm Activities in Sunflower	 HAPPY MOTHER'S DAY			 Celia 16th Merv 28th

Subject to change without notice

Hello and Happy May Readers,

Well, winter is officially upon us. The Practice just saw the first successful Flu clinic for 2021 at the end of April, with the second Flu clinic planned sometime in the coming weeks.

In relation to Covid-19 and the vaccine, we are slowly receiving the vaccine as supply is limited and unpredictable. We are taking expressions of interest for a Covid Clinic (much like our Flu clinics) in the very near future. So please be sure to contact the Practice to have your spot reserved.

Please also be aware that it is a Government recommendation that patients wait at least 14 days between a dose of the Covid-19 vaccine and seasonal Flu vaccine. This does make it tricky, so if you have any concerns or questions about either vaccine, please book an appointment and one of our GP's can go over your best option.

I would like to welcome the new Intern Dr Alex Buxton to the Practice and facility for his rotation with us here at Clifton. You will see Alex around the facility conducting his weekly rounds and also consulting out of the Practice, so please say hello and even book an appointment with him and be sure to welcome him to the team.

As many of you may have already seen or perhaps used, the Practice now has online bookings. It is simple to use and install on your smart phone or personal computer, giving patients access to online bookings, telehealth, appointment reminders, SMS recalls for clinical reminders and results. You can still call the Practice to book over the phone, so if you have any questions about online bookings or using HotDoc, please chat to our friendly reception staff.

Have a healthy and happy month.

Thanks, Luke Myers.



