



**CLIFTON COMMUNITY  
HEALTH SERVICES**

# Newsletter

MAY 2017

## Chairman—Mel Binnington



As I write this column I am enjoying a magnificent clear day and the pleasant warmth of autumn while still wearing summer clothes. This newsletter will be issued as we begin to feel the first chills of an approaching winter so it is important that we enjoy these wonderful autumn days that precede winter.

This year has been a particularly busy one for our Board with the final development of plans for the Memory Support Unit and seeking all the appropriate approvals necessary for the project. It is shaping up to be an impressive building with state of the art technologies and facilities that will provide essential support and a unique environment for its residents. The project will be built by Ruhle Developments, a local building company that also built our Medical Practice.

Construction will commence during June and will no doubt have some impact on residents and staff. This is unavoidable given the close proximity of the project to our other buildings and also the nature of the work that has to take place. Our General Manager, Brad Jones will no doubt be providing support to residents and staff during the construction phase to reduce any impact to a minimum.

In December of 2016 we welcomed Andrew Douglas as a Director to our Board and his contribution in these early days have been welcomed as he comes to us with extensive experience in Human Resources, Strategic and Business planning. It is important to our residents, clients and staff to have a new Director with appropriate skills to assist in directing our business in such a way that will provide sustainable growth in a challenging environment.

Enjoy the last month of autumn and keep warm this winter.

*Mel*

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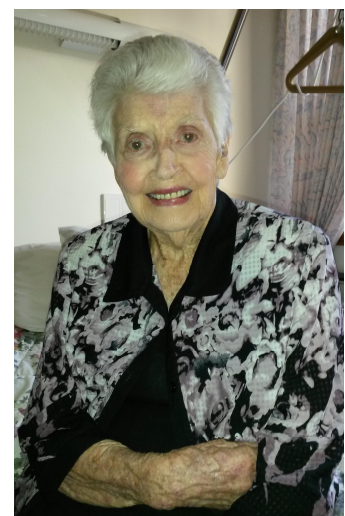
## Residents' Round-Up

### *Margaret Stay*

Mrs Margaret Stay, nee Gibson, a resident of Nirvana, is a local girl, originally from Spring Creek, then to Allora, where she met and married Roy Stay. She well remembers her time in Allora as she was, for twelve years, the cook at Allora Hospital. And a wonderful and famous cook she was.

She fondly remembers one gentleman who would not go home for Christmas if he knew she was cooking her tasty plum-pudding! Her cooking was done on a wood stove, and included morning and afternoon teas – her patty cakes were a favourite! Margaret used to deliver all the meals to the hospital patients so she knew everyone and they all knew her.

Margaret loves living in Nirvana, as she loves the company and everyone who comes to visit. Having her bathroom close by is something she really appreciates and her room is going to be lovely and warm during winter! God willing, Margaret will be 90 later this year.





## General Manager— Brad Jones

Hello everyone, welcome to our first newsletter for 2017, A year that has come out of the blocks at a gallop.

2017 is the year we will commence the construction of the long planned for Memory Support Household. The tender process is now complete and we are pleased to announce the appointment of Ruhle Developments as the successful builder for the project. Construction is currently scheduled to commence in the first week of June. With development & Building approvals in place we are awaiting a final decision from Council on the waiver of the infrastructure fees for this important community project.

Projected Costs for this project have now exceeded our original project Budget, so we will be looking for strong community support later in the year to make sure that we can deliver a Building that we can all be proud of and one that will serve the Community of Clifton for many years to come.

As Heather has outlined in her column we hosted the team from the Australian Aged Care Quality Agency with very positive results, congratulations to the whole team for this great effort.

Following on the success of our Solar Power Generation Project for the Main Complex we are in the process of selecting the successful company to install a system to assist with the Energy consumption requirements of the Medical Centre.

Thank you to everyone who is supporting the S&N Collection outlet centre, the strong support has meant that S&N have decided to continue the service for the next year, remember that as a community we must use it or lose it and we do not want to lose this valuable service for our town.

We await the upcoming Federal Budget to see what, if any, impact it will have on Medical Centre Medicare Funding, Residential Aged Care Funding and other aspect of our community owned and run operations.

Late last year we farewellled Director Cr Megan O’Hara-Sullivan and welcomed to the Board, Director Andrew Douglas. Andrew joins us with extensive business experience and is already hard at work assisting us with our current Strategic Plan Review for the entire organisation.

Thank you to all our Directors, community volunteers and supporters and to our tremendous staff team, on behalf of the residents and patients, thank you for all that you do.

Please “Like” our Clifton Community Health Services Facebook Page, we have gone past 220 likes for the page

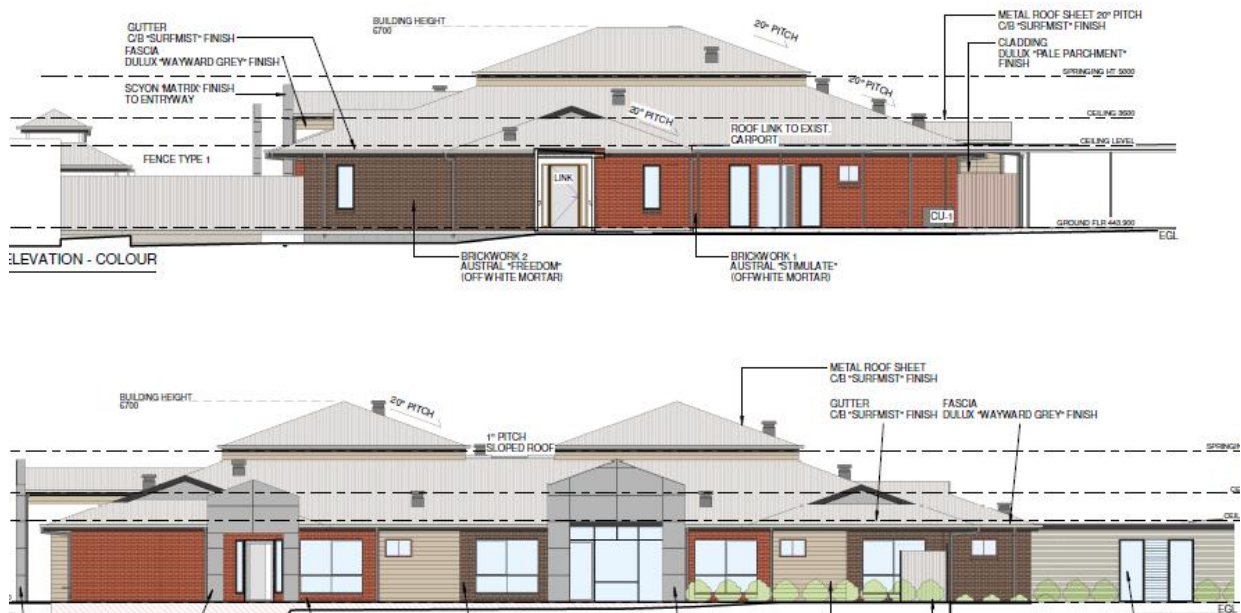
Remember, “Together we will continue to make a difference”

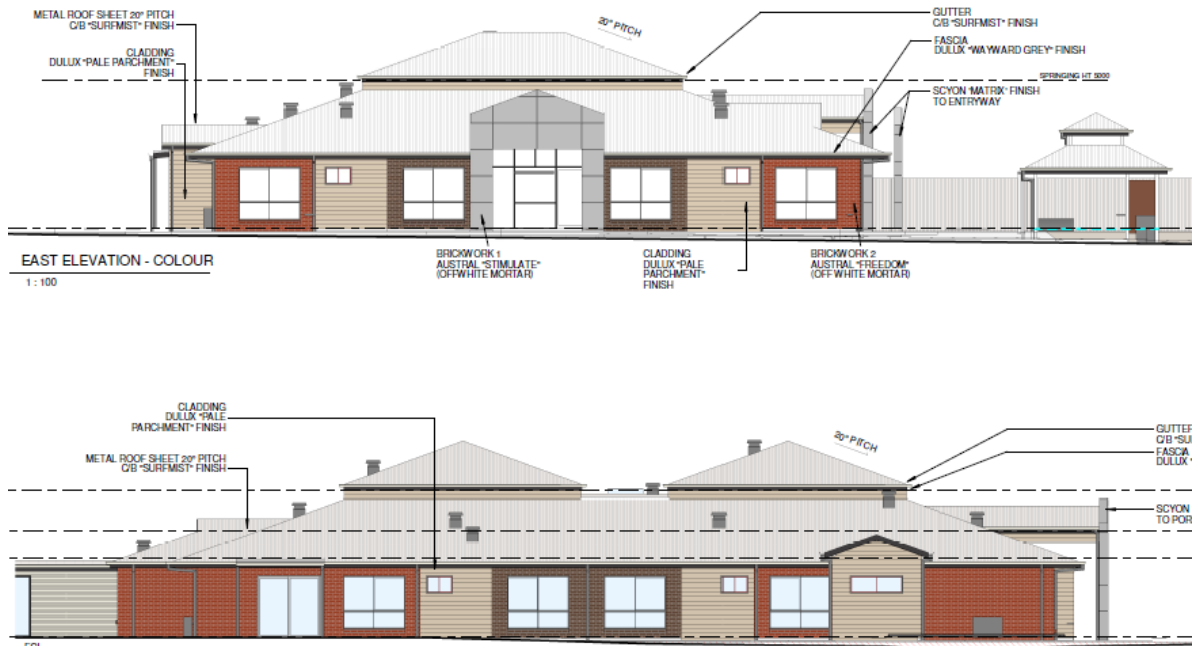
Regards

*Brad*

**Below— West and north elevations**

**Right— East and south elevations**





**Director of Nursing—  
Heather Miller**

2017 has started in a very positive way with strong demand for all the services we provide.

In planning for the year we decided to extend our strong education and training focus from 2016. Accordingly we have already held one of four Mandatory staff training sessions with the other three evenly spaced over the remainder of 2017. Additionally, sessions have been conducted on Hand Hygiene and Wound Management with Fire Safety, Personal Health & Wellbeing and many more to follow over the course of the year. More courses have also been added to our online training platform.

Early in the year we welcomed the team from the Australian Aged Care Quality Agency for their regular unannounced audits of Nirvana and the Nursing Home. We passed with flying colours and I again thank all our dedicated staff for this great result. In July we will welcome the team back for a full reaccreditation of Nirvana Hostel.

The Fire Safety system Upgrades were completed and signed off on time and apart from a few teething issues with false alarms are working well, providing additional safety and peace of mind to all residents, patients and staff.

In March, two of our Registered Nurses represented us at the local emergency committee meeting and participated in a desktop exercise simulating an evacuation of the hospital. Feedback from this exercise is being incorporated in our emergency procedures and will be followed up with a live exercise later in the year.

A big thank you to our dedicated staff who continue to provide outstanding levels of care and service to our older community members.

Until next time.

Regards

*Heather*

**Diversional Therapy Program**

Another Busy Year has started for us with plenty to look forward too and be involved in. We have our monthly visits with the Clifton Dabblers where we enjoy the company of the lovely ladies and chat and craft the mornings with them. We enjoyed the local Clifton Show, entering in some of the pavilion divisions.

Our first few Happy Hours have been lots of fun and we are looking forward to these on a regular basis. Our Birthday Morning Teas are celebrated in lots of Different Ways and everyone is invited to come along and join in with us.

We have a big variety of weekly activities and special fun days to celebrate. E.g. Bingo, Movie Mornings, Hoy, Cards & Games, Cooking, Tai Chi, exercises, Australia Day, Valentine's Day, Easter and Anzac Day. Lots of Entertainers (but we always welcome more), outings to special events and bus outings in the Cooler Weather.

Come and Join us and be part of the Diversional Therapy Program fun.

*Margaret, Casey and the Volunteer Team*

# EASTER



# ANZAC DAY



**CLIFTON  
COMMUNITY  
HEALTH  
SERVICES**

## Volunteers Required.

Seeking dedicated volunteers within the Diversional Therapy programs of Clifton Co-Op Hospital, Clifton Nursing Home, Nirvana Hostel & Hospital Auxiliary. Additional volunteers also required to visit on a regular basis to provide musical entertainment or conduct skills based sessions for residents and patients eg. Artwork etc. or other suitable activities. Police checks (at our expense) are required to volunteer with our organisation.

• Medical Practice: 4697 3097 • Hospital: 4697 3377 • Admin: 4697 3735