



Newsletter

March 2021



**Chairman
Andrew Douglas**

Hello Everyone

It has been a busy month for our facility, with a number of milestones having been achieved.

Firstly, our new Portable Hospital Room / Special Care Unit was officially opened by Hon Pat Weir MLA, Member for Condamine, Mr Robin Murphy OAM, Canstruct Pty Ltd & Murphy Family Foundation

(who very generously donated the unit), and myself on Wednesday 17 February. Some of you may have noticed the small building, which from the outside strongly resembles a shipping container but inside is a negative pressure, high care unit for use in the case of infectious disease outbreaks, located just to the east of the Diversional Therapy Centre. This is a great addition to our facility and has been made possible by the significant donation from Mr Murphy and his family, which was facilitated by the Order of Saint John of Jerusalem Knights Hospitaller Priory of the Darling Downs.

Our sincere thanks must also go to the Knights of St John for their donation of funds which purchased four remote temperature monitoring devices, which you may also have seen in use throughout the complex. These devices are also important tools not only in the case of a pandemic but also under usual operating

conditions.

On the note of pandemics, the Covid-19 Vaccines have started to arrive in the country and we await further detail relating to when we can expect vaccinations to commence here at the complex.

February also saw the 60th Wedding Anniversary of Mr John & Mrs Peveyl Oliver and March sees the 70th Wedding Anniversary of Mr Les & Mrs Sheila Wilson as well. These are tremendous milestones and very exciting cause for celebration! On behalf of the Board, Management and Staff, I heartily congratulate both couples!

Of course, the Clifton Show has now also been and gone for another year but not without a lovely CCHS display and various residents having been successful in their entries again this year. Congratulations and well done to all, keep up the great work!

This week, the Royal Commission into Aged Care released its final report, which includes a five-year roadmap to implement 148 recommendations to improve the national aged care system. While we are yet to review the report in detail, there appear to be a number of initiatives we would welcome at sector level.

On first pass, five years to implement the improvements appears, in many respects, to be a very long time! While it is acknowledged that systemic change isn't easy, it is imperative and every day that passes not only means another day operating on minimal government funding but lost opportunity to provide greater levels of care to older Australians.

Thankfully, due largely to our culture of compassionate care, our wonderful staff who place the needs of our residents and patients at the centre of everything they do, as well as the prudent management of current and previous Management Teams and Boards of Directors, our facility is better placed than most. That said, we look forward to the benefits that the changes, once implemented, will hopefully bring.

Finally, a few last-minute tickets remain available for the inaugural 'Feast in the Field' long lunch to be held on Saturday 13 March. For more information, visit <https://toowoombatickets.com.au/event/feast-in-the-field-2021-12547>.

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General Manager-Brad Jones



I delayed this month's issue hoping that we would have some concrete dates to advise in relation to the Covid-19 vaccination programs,. However, although substantial work has been carried out by the team and all residents, patients and their respective representatives have been contacted and provided additional information in relation to the consent process and forms, we are no closer to finding out our dates. Stay tuned.

Still on the vaccine rollout, I can advise that the Clifton Medical Practices' expression of interest to be a vaccination centre has been accepted and we stand ready to play our part as the vaccine strategy progresses through it's scheduled stages.

Another reason for delaying a few days was to digest the once in a lifetime chance to redesign the Aged Care System in Australia. The Aged Care Royal Commission Final Report has been handed down and we remain ready to play our part. It is now over to the government to review and adopt the recommendations and to properly fund the system to deliver the best possible care for all Australians. As an aside, it is pleasing to note that we already have in place several of the key recommendations handed down in the report including onsite Registered Nurses 24hours per day, 7 days per week and minimum training standards for all of our team. You can assist with encouraging the Government to make and fund meaningful change by visiting careaboutagedcare.org.au.

Sign the petition and stay up to date with the progress as the government reviews the recommendations ahead of the next Federal Budget.

Covid-19 entry requirements and protocols remain in place and will continue to change

as situations change in local areas and across Australia. It is easy to become complacent - please keep up with all the basics including hand hygiene and distancing measures. Please continue the increased vigilance of your own health. Please isolate and get tested if you have any symptoms.

As mentioned by Chairman Andrew, great displays at the show and onsite for those who could not get there, and success for the residents in several categories.

The formal opening of our Special Care Isolation room was a great milestone and the ceremony itself was a relaxed affair, punctuated by the emotion and humour of our key donor, Mr R Murphy in his address. Thank you to all those who attended and continue to support our community owned Health service cooperative.

The CCHS Business Development Committee have advised that due to a cancellation there are now a few seats available for the upcoming fundraiser, Feast in the Field. Contact me to secure yours today. Once again a big thank you to the sponsors and supporters who have come onboard to organise, run and support this venture.

Communication is the key and things continue to change rapidly. Please contact us to discuss your individual circumstances and as we always do, we will work with you and your loved ones to see what can be achieved.

Congratulations to the Olivers and the Wilsons on their 60th and 70th Wedding Anniversaries,

We only exist as an organisation to provide Health and Aged Care services to our residents, patients and our community. Now more than ever it is vital that we have your support to remain a strong, viable organisation now and into the future.

Be kind to each other and together we will continue to make a difference.

Regards, Brad.

Lifestyle Coordinator— Jade Gilchrist



Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,

This month we will celebrate St Patrick's day. While St Patrick's Day is now

associated with wearing green, parades and beer, the holiday is grounded in history that dates back more than 1,500 years. The earliest known celebration was held on March 17, 1631, marking the anniversary of the death of St. Patrick in the 5th century. Historians generally believe that St. Patrick, the patron saint of Ireland, was born in Britain (not Ireland) near the end of the 4th century. At age 16 he was kidnapped by Irish raiders and sold as a slave to a Celtic priest in Northern Ireland. After toiling for six years as a shepherd, he escaped back to Britain. He eventually returned to Ireland as a Christian missionary. This will

be an event with morning tea in the DT room.

We may have some new volunteers in the team soon and we welcome Judith who will be playing piano for us on the first Thursday of the month. We anticipate the Covid-19 vaccination program will be arriving any day so be ready for any changes to the program.

Enjoy welcoming on the cooler weather as summer starts to fade and we get ready for the windy autumn.

Regards, Jade

Jade Gilchrist

Lifestyle/Volunteer Coordinator

March Birthdays

Shirley
Gloria



Thinking about becoming a
volunteer
Call Jade 4697 3499

Lifestyle Award WINNER

The winner of the Lifestyle Award
for March is Sue Bailey



Rest in Peace



Sue is always willing to go the extra mile
for our residents and patients.

Activities
10:30am-11:30am

March 2021



Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Crosswords	2	3 Lynelle	4 Judith plays	5	6	7
8 Tai Chi <i>Training in DT building</i>	9	10 Travel	11 Holz Plays	12	13	14
15 Tai Chi <i>Training in DT building</i>	16	17 St Pats	18 Grace Play	19	20	21
22 Tai Chi Word Games	23	24 Trivia	25 Ken Plays	26	27	28
29 Tai Chi Anglican Church	30	31 Meeting	Happy Birthday	Shirley 9th Gloria 25th	Happy St Patrick's Day!	

Subject to change without notice



Clifton Community Health Services

Yesterday at 2:00 PM ·

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Leading Age Services Australia

Yesterday at 1:00 PM ·

The Aged Care Royal Commission found that Australia spends less than half of what other comparable countries spend on aged care, and getting the support for the... See More



It's time to care about aged care

CAREABOUTAGEDCARE.ORG.AU

Sign the petition: It's time to care about aged care

The right to age in comfort and with dignity, wherever we live, is being denied to 1.3 million A...



Clifton Community Health Services

Yesterday at 9:54 AM ·

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Opinion

The Sydney Morning Herald

Leading Age Services Australia

Yesterday at 7:30 AM ·

The Aged Care Royal Commission report must drive Australia and our governments to come together to achieve overall world-leading care. We welcome the Prime Minister's "change the paradigm" commitment and his emphasis on a new Aged Care Act that will be individually needs-based. <https://www.smh.com.au/.../time-for-australians-to...> #strongvoicehelpinghand



Clifton Community Health Services

February 26 at 10:10 AM ·

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Leading Age Services Australia

February 26 at 10:00 AM ·

"We think this will be a report of national importance and we hope it that it will result in a total overhaul of the aged care system so that older Australians get the care and services that they need and deserve, and that aged care workers and aged care service operators want to deliver. There's 360,000 people who work in aged care, they get up every day to do the best they can to care for over 1.3 million older Australians, and they do that in often challenging circumstances and often with limited resources. Our sector acknowledges that there have been some terrible failures and we have been doing all we can to address that while the Royal Commission is underway: introduction of new quality and safety standards; the introduction of a new charter of rights for aged care residents; a code of practice for aged care operators; and we have been going through the Royal Commission's reports forensically to identify those gaps in capability and competency in workers and services, to provide the training, to upskill, to make sure we can be assured that we do all we can. We are doing this the best we can, but we know that Australia spends less than half of what other comparable countries spend on aged care, and getting the resourcing of the system right has to be part of the solution." -- LASA CEO Sean Rooney

#strongvoicehelping



Clifton Community Health Services

February 22 at 9:31 AM ·

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LIVE WEBINAR AND Q&A

COVID-19 Vaccine Informed Consent

Free online event | Tuesday 23 February | 11:30 am – 12:30 pm
Australian Eastern Daylight Time

OPAN | Older Persons Advocacy Network

EVENTBRITE.COM.AU

COVID-19 Vaccine - Informed Consent

Join us to learn more about the process of giving informed consent for a COVID-19 vaccination...



Pat Weir MP

February 25 at 10:07 AM ·

It was a real honour to be present at the official opening and blessing of the new Special Care Room at Clifton Community Health Services, made possible by the generosity of Canstruct Group and the Murphy Family Trust. Here, I am pictured with Chris Bazley (Deputy Chair of the Clifton Co-op Hospital); and with Andrew Douglas (Chairman), Robin Murphy OAM of Canstruct, Rev Fr. Kerry Costigan and General Manager of Clifton Co-op Brad Jones. Thanks to the Clifton Courier for these great pictures!



Councillor Rebecca Vonhoff

February 17 at 6:09 PM ·

People like Robin Murphy are generosity and good eggs personified. He has a ❤️ for the country.

His family's company [Canstruct International](#) and the #MurphyFamilyFoundation today donated a #specialcareunit to the wonderful Clifton Community Health Services.

And on top of that act of #kindness, the Order of Saint John of Jerusalem Knights Hospitaller Priory of the #DarlingDowns gave #contactless temperature monitors.

Robyn is shown here with Pat Weir MP and Hospital Chairman Andrew Douglas.

A proud community day. 🥰🥰🥰

Clifton Courier Cr Megan O'Hara Sullivan - Toowoomba Regional Council Cr Nancy Sommerfield - Toowoomba Regional Council Cr Melissa Taylor for Our Region Cr Kerry Shine - Toowoomba Regional Council @DavidLittleproudMP @JPLangbroek MP

STAY INFORMED ABOUT COVID-19 VACCINES.

Visit [health.gov.au](https://www.health.gov.au) for the latest information.

We are working to make sure everyone in Australia has access to safe, effective and free COVID-19 vaccines. Vaccines will give us the protection to go about our everyday lives.

To keep up to date with the latest progress, and to ensure your information is reliable, visit [health.gov.au/covid19-vaccines](https://www.health.gov.au/covid19-vaccines)



**COVID-19
VACCINATION**
Safe. Effective. Free.



HAPPY 70TH WEDDING ANNIVERSARY TO LES &
SHEILA WILSON

31ST MARCH 2021

The 70th wedding anniversary is known as the platinum anniversary. Platinum is precious, strong, enduring and doesn't tarnish.

