



**Chairman
Andrew Douglas**

Hello Everyone

While it might seem like a funny thing to say, I hope you're enjoying these chilly mornings! I always think that we are blessed, in this part of the world, to enjoy four distinct seasons and the positive effect the changing of season actually has on our psyche and wellbeing; albeit perhaps subconsciously sometimes.

With it being June (already!), the Board and Management Team are busy with our routine planning activities that happen at this time each year. Key amongst which are our annual Strategic Planning and budgeting processes, which play a major role in setting our direction for the new financial year.

Integral to these activities is the need for us to consider very carefully the environment in which our business operates and, this year, there is no shortage of factors influencing, or with the potential to influence, our operations. Other than the usual considerations we must also take into account the ongoing Covid-19 pandemic, pressure on government funding, record low interest rates and various other factors. Collectively, those things present us with undeniable risk but, hopefully, also opportunity.

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As we seek to navigate those challenges and harness those opportunities, we are very fortunate that our organisation is comprised of a cohort of quality employees and volunteers who are passionate about, and focused on, delivering safe, high quality, health and aged care services; and dedicated to continuous improvement in every aspect of our operations. As a result, we also enjoy an enviable reputation and significant goodwill within our local community whose support, I am confident, will continue as our organisation evolves, as all must.

One such area, in which some of our people may start to witness that evolution, is in the technology space. As technology becomes more available, at more affordable prices and, therefore, more interwoven with most aspects of life (not to mention regulation etc), you will see us start to take more advantage of it. Over time, this should help our people to spend more time on activities that directly benefit our residents and patients, while also reducing administration and waste.

This process has already commenced, with the implementation of new software in the financial administration function of the business and also in the medical centre, with numerous benefits having already been realised and positive feedback from those involved.

As we progress with those, and other, continuous improvements we encourage, as always, any queries or feedback you may have. In the meantime, we thank you for your understanding, co-operation and patience, wherever it may be required.

Before I close, I should like to thank the team in the medical centre for their time when I met with them recently. Being privy to their Clinical Meeting, certainly reinforced my view that we are very fortunate to have such a great group of professionals as part of our team. Thanks again, team, and keep up the great work you do in helping to ensure quality of life for those in our community.

Until next time, stay safe.

Regards, Andrew

General Manager-Brad Jones



As the Financial Year draws to a close I am reflecting on an extraordinary last 18 months and I want to again pay tribute to our amazing team and to the outstanding support that we have received from

the wider community, residents, patients, family members, representatives, volunteers, contractors and supporters.

As a full Charity we rely on this support and if you are able, I would encourage you to think of donating to our June tax time appeal to assist with the financial pressures that we experience each day in carrying out our Vision and Mission for the wonderful community that is Clifton and the wider areas of the Southern Downs and Darling Downs.

Covid-19 entry protocols remain in place across the complex. Please ensure that you are completing the contact tracing information and please make sure that you have had your 2021 Influenza vaccination and have provided us with proof of this.

Covid-19 vaccination is highly encouraged, please seek your own personal medical advice and do not delay. At the time of writing we again have community cases in Qld and exposure sites within our region. Clifton Medical Practice is an approved vaccination centre, vaccine supply has been an issue for us, please contact them today to go on the list for your vaccination.

I have written to all Nirvana residents and families with an update on the reaccreditation of Nirvana Hostel. The Hostel was fully re-accredited for two years and we were provided with the nine areas that I have written about previously which we are working on under our Plan for Continuous Improvement and a notice of non-compliance and an undertaking to remedy non-compliance. Great work by the team assisted by residents and families as we undertook additional assessments, updates and reviews.

This process has highlighted that we need to continually remind everyone across the complex that you are active participants in your health and care journey and that there is an open invitation to participate in care planning, case conferences, assessments etc and that individual care plans are accessible by all residents and their approved representatives.

With the Current Covid-19 community cases in Qld related to the Victorian couple, there is currently no lockdown, although you cannot visit health or aged care venues in Qld if you have been to any of the exposure sites.

As we were unable to invite families to our usual Christmas parties in 2020 we hope that residents and their invited guests will join us for our first Christmas in July, Winter parties (Covid-19 permitting). Please refer to the invitations that have already been distributed and note that there is a small cost for invited guests. Numbers are limited under Covid-19 provisions and RSVP's are essential. The Lifestyle team are looking to borrow Christmas trees and lights for these events. Please contact us if you have some that we could borrow for a few days in July.

Our volunteer Board of Directors has met for the first of their regular strategic planning sessions to chart the direction of the organisation as we face the challenges and grasp the opportunities ahead of us.

Clifton experienced power outages on the second Wednesday of June and whilst it was a good test for our emergency generator systems it played havoc with our phones and internet. Speaking of internet we are on track for our optic fibre connection to be complete by August 2021. This will substantially improve our access to online services and underpin the upcoming improvements as part of our Information Technology Upgrade Roadmap.

Together we can continue to make a difference. Regards, Brad.

Lifestyle Coordinator— Jade Gilchrist



Hello everyone,

**Lifestyle & Volunteer
Coordinator—Jade Gilchrist**

The lifestyle team had handed out the invitations this month to the Christmas in July parties. With COVID preventing us from inviting families to previous Christmas party last year we hope this July we can celebrate together.

May was busy with the celebrations of mother's day with a high tea supplied by the kitchen and table were decorated with lots of flowers and purple tablecloths. We also welcomed some bush poets from Toowoomba and our new entertainer Judith on piano on the first Thursday each month.

We look forward to everyone attending our very first Christmas in July 2021.

This year there is a cost for family but not for residents, as well as the expectation that all people attending need to have their flu vaccination certificate or a letter from their GP. Payment and vaccination letters are to be sent to Louise or Linda in administration when you RSVP for the party. Each resident can have two guests as we need to strictly adhere to COVID rules and have limited numbers to attend each party.

Kind regards,

Jade

Regards, Jade

Lifestyle/Volunteer Coordinator

May Birthdays

Brian Q
Kathleen



Thinking about becoming a
volunteer ?
Call Jade 4697 3499

Lifestyle Award WINNER

The winner of the Lifestyle Award
for June is Kathy Bermingham

For your teamwork, care and
dependability and all the extras you
do for residents and the team.



Rest in Peace



Ivy
Cecille

Morning Activities
9:40am -11:40am
Afternoon Activities
1:00pm-2:15pm

June 2021



Mon	Tue	Wed	Thu	Fri
 7 9am Catholic Church 9:40am Tai Chi 10am Social Morning Tea 10:30am Crosswords 1pm DT Planning Meeting	1 9:10am One to One 10am Morning Tea 10:30am Hoy 1pm Activities in NH 2pm Tai Chi in Sunflower	2 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Lynelle plays 1pm Pool in DT room	3 9:10am One to One 10am Social Morning Tea 10:30am Judith plays 1pm Activities in NH 2pm Tai Chi in Sunflower	4 <i>Queensland Day</i> 10:00am Social Morning Tea 10:30am Themed Activities 1pm Cards in the Blue Wing
7 9am Catholic Church 9:40am Tai Chi 10am Social Morning Tea 10:30am Crosswords 1pm DT Planning Meeting	8 9:10am One to One 10am Morning Tea 10:30am Hoy 1pm Activities in Nirvana 2pm Tai Chi in Sunflower	9 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Trivia 1pm Pool in DT room	10 9:10am One to One 10am Social Morning Tea 10:30am Holz's plays 1pm Activities in Nirvana 2pm Tai Chi in Sunflower	11 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Bingo 1pm DT Documentation
14 9:40am Tai Chi 10am Social Morning Tea 10:30am Indoor Bowls 1pm One to one	15 9:10am One to One 10am Morning Tea 10:30am Hoy 1pm Gardening Club 2pm Tai Chi in Sunflower	16 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Travel 1pm Pool in DT room	17 9:10am One to One 10am Social Morning Tea 10:30am Grace plays 1pm Activities in Nursing Home 2pm Tai Chi in Sunflower	18 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Bingo 1pm Happy Hour in DT room
21 9:40am Tai Chi 10am Social Morning Tea 10:30am Anglican Church 12pm DT Planning meeting	22 9:10am One to One 10am Morning Tea 10:30am Hoy 1pm Activities in NH 2pm Tai Chi in Sunflower	23 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am pop up shop 1pm Pool in DT room	24 9:10am One to One 10am Social Morning Tea 10:30am Ken plays 1pm Activities in Nirvana 2pm Tai Chi in Sunflower	25 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Bingo 1pm DT Documentation
28 9:40am Exercises 10am Social Morning Tea 10:30am Indoor Games 1pm Event planning	29 9am One to One 10am Social Morning Tea 10:30am Hoy 1pm Event Planning	30 9:40am Chair Exercises 10:00am Social Morning Tea 10:30am Residents Meeting 1pm Pool in DT room 1pm Event Planning	 Happy Birthday 12th Brian Q 13th Kathleen	

Subject to change without notice



Australian Government

We are a COVID-19 vaccination clinic

Talk to reception about when you are eligible to receive your vaccination and to make an appointment.

To keep up to date with the latest progress, and to ensure your information is reliable, visit **health.gov.au/covid19-vaccines**

COVID-19
 **VACCINATION**







Clifton Community Health Services are pleased to
host the

2021 Christmas in July Parties

Nirvana & Vedette Villas Tuesday July 27th

Nursing Home Wednesday July 28th

Sunflower Lodge & Hospital Thursday July 29th

WHERE: Diversional Therapy Room.

START: 11am with lunch at 12 noon

Raffle
tickets will
be for sale
at the door
\$2 each or 3
for \$5

Throughout the morning there will be chances to win prizes
Live entertainment provided by Tillberry Green Entertainers

WE'RE
COVID
SAFE



SUPPORT LOCAL

and send some love to your
community hospital
before 30 June



DONATE TODAY

www.cliftonhospital.org

TAX APPEAL '21



CLIFTON
COMMUNITY
HEALTH
SERVICES