

Chairman – Chris Bazley



Good day Readers,
Winter has started to arrive and some rain about which has been great for the gardens here at CCHS. We are still looking for another 40-50mls on our farm so we can start planting our winter crops.

Your CCHS board and the management team have been working on our 2020-21 budget which is over \$7 million revenue with the majority of it paid out as salaries and wages for our staff. We are very pleased to be able to provide so much employment for Clifton and district residents and have a lot of those funds spent in our local community.

I hope you are enjoying the relaxation of the isolation rules and getting to catch up with family and friends. The CCHS board want to sincerely thank all the staff of CCHS for their hard work and professionalism during these difficult times and all our residents and

patients for sticking to the rules. Much appreciated.

The board are having a strategic planning meeting soon to ensure CCHS keeps up with the future needs and expectations of our community and especially looks at the bigger picture of new infrastructure and refurbishment of some parts of our existing buildings.

I haven't had any questions for a week or two so if you think of something while you are sipping your hot milo, please jot it down and send it to me.

CCHS has a few exciting new projects in the pipeline which we will let you know about when we have them locked down. Watch for news in this newsletter!

We have a number of grant applications on the go at the moment – you never know, our new bus could eventuate.

Look after yourselves.

Regards,
Chris.

Complaints/Compliments and Feedback

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We are seeking a new resident representative and any interested residents are most welcome to let the staff know if they are happy to provide us with any feedback.

May was a quiet month as we continued with the usual COVID routines with the exception of some visits from family and close friends for some residents. The nursing staff have been supporting this with the new health screening that ensures everyone remains healthy.

General Manager-Brad Jones



As I have in all of our communications I want to again pay tribute to our residents, patients, families, representatives, staff, volunteers, suppliers, contractors and wider community for the fantastic collaborative team effort through this Covid-19

pandemic.

I will reiterate again that **COVID-19 has not gone away**, we must guard against COVID fatigue and as restrictions are eased across the community, we must have **increased vigilance across Health and Aged Care**.

To assist you can **Download the Covid-Safe App, Keep up the hand washing, keep up the social distancing initiatives, please continue to cooperate with the extra measures we have in place across the complex for the protection of all, and most importantly if you are unwell, you must arrange to get tested**, In the last few

weeks in QLD we have seen a scare within Aged Care in Rockhampton and a death in the last few days in Blackwater. Interstate there are several Aged Care organisations with positive cases reported.

The Clifton Medical Practice remains open with additional protection measures in place. It is not too late to book in for your Flu vaccination. Rural GP's will continue to play a vital role in the next stage of this pandemic, identifying possible cases and referring patients for testing where symptoms indicate.

Across the Hospital and Residential Aged Care we still have (with the support of our resident community) enhanced visitation protocols in place and over the last month we have continued to speak directly to residents and their main nominated representatives in relation to these risk minimisation processes. In summary, in order to visit, you must have had the 2020 influenza vaccination and provided proof to us and must be over 16 years of age. To allow us to make best use of our limited resources we would ask you to phone ahead to arrange your visit. Depending on who you are visiting access to the complex is via the phone at the main Hospital entrance or via the call bell at the main door of Nirvana Hostel. On each visiting occasion we will double check your influenza vaccination status, complete some paperwork, ask some basic health questions, enforce hand hygiene measures, take your temperature and ask you to go straight to visit your

loved one in their room or agreed outdoor location. Visits are to be a maximum of two hours with no more than two people at a time. Social Distancing measures should continue to be observed during your visit. At this stage, with the agreement of residents, patients and their main nominated representatives, it is mostly immediate family coming to visit and I would encourage you to talk to the relevant resident or their representative family member in relation to arranging your possible visit.

As Qld restrictions are eased across the wider community I expect that we may start to have more questions from residents and patients re going out to access non-medical services. An extract of the current Qld Aged Care Directive that we are following states:

"The operator of a residential aged care facility in the State of Queensland must not permit a resident, excluding an **end of life resident**, to leave the facility except to receive or access health care, to attend a funeral, in the case of emergency or on any other compassionate grounds."

The situation continues to change rapidly. We will continue to monitor all the advice from Darling Downs Health, Qld Health, and the Federal Department of Health. We will continue to stay in contact and keep you updated as things change. As in all aspects of our community organisation we are keen to talk to you re your individual circumstances and how we may be able to assist.

Covid-19 has meant a change to our scheduled reaccreditation process for Nirvana Hostel. The Australian Aged Care Quality and Safety Commission have advised that they have accepted our re-accreditation application, however, due to Covid-19, will not be coming onsite at the moment. They will stay in contact and visit when the environment allows.

In the run up to 30th June, please remember that we are a full charity and donations over \$2 are tax deductible.

Remember, a community working together with a common purpose can achieve anything.

Continue to support each other, be kind and "together we will continue to make a difference"

Regards

Brad

CLIFTON COMMUNITY HEALTH SERVICES MEDICAL CENTRE

Hello everyone.

Another month down, and hopefully the coming months are a little more social than the past few.

As many of you will have seen or experienced firsthand, the practice had been operating purely on telehealth means since late March. We re-opened the doors again on the 11th May for both telehealth and face to face consults with our GP's.

It has been a trying time for everyone in the community and extremely difficult for our staff to coordinate the administration behind the scenes with the doors closed as we navigated our alternative healthcare delivery methods. A special Thanks to the reception and Nursing staff within the Medical Practice, without their tireless efforts, dedication and hours of over-time throughout the lockdown period, many of you would not have received your scripts, referrals or even had an appointment. Very well-done Ladies, Fantastic Effort!!!



We had ceased several services over this period including skin checks, minor procedures, and care plans, but all these services are slowly recommencing.

If any of our staff have contacted you and postponed or cancelled an appointment due to the Covid-19 pandemic, and you have not been contacted yet, please feel free to call the practice and re-book your appointments.

We still have strict social distancing measures in place whilst in the practice, so be sure to sanitise, cover your cough and if in doubt, please stay home and contact us for a telehealth consult over the phone.

All the staff and I would like to thank everyone for pulling together and working through this very unusual time to stop the spread and keep Clifton safe and Covid free.

We also have two new additions to the Practice, Dr Santiago Monsalve joins the team for four days a week, also Dr Shivanya Gunput is the new Intern and will be servicing the facility and seeing patients in the practice. So be sure to stop them and introduce yourself, or better yet, book an appointment and have a longer chat! We have an abundance of available appointments at the moment with same day appointments available, so be sure to call and book in.

Lastly, Flu season is upon us, so if you haven't received your Flu-Shot yet, please contact the practice to see if you qualify for a free jab. If not, one of our friendly GP's will get you sorted.

Many Thanks, Luke.





Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,

This month we have seen a noticeable change in the weather as we are now in winter. We have also welcomed some relaxation of restrictions but sadly we are not out of the woods yet.

Lifestyle continue to run activities and I am getting plenty of practice on the flute these days as the in house entertainer each week. It was a week that would have celebrated our volunteers for the wonderful work they do but with COVID we can only send our thanks via text, Facebook and by phone. We are missing our volunteers very much but it

Lifestyle Coordinator— Jade Gilchrist

is best they stay home and keep safe and healthy.

The lifestyle team are still trying to get technology systems to behave and like all of us we are learning every day how to do our job in a different way.

We still get letters from a few volunteers which the residents love to hear. Keep warm.

Kind Regards,

Jade

Thinking about becoming a Pen
Pal and writing to our residents!
Drop your letter to the Jam
Factory!

June Birthdays

| | |
|------------|------|
| Kathleen P | 13th |
| Kenneth T | 14th |
| Ross G | 26th |
| Patricia R | 28th |
| Brian O | 25th |
| Brian Q | 12th |



Rest in Peace



Ron T
**Sunflower
Lodge**

Lifestyle Award WINNER



**The winner of the Lifestyle Award for
May is Judy under the category of
Excellence in Dignity**

Judy has done a wonderful job in helping the ladies with their setting hair in Nirvana while in preventative lock down.

**Thank you
Congratulations Judy**



Clifton Community Health Services

Published by Brad Clifton [?] · May 18 at 12:44 PM · 🌐

We are missing our volunteers during the Covid-19 pandemic, however we remain thankful for all that they contribute to our organisation and our town and hope that we can welcome them back soon. This week is National Volunteers Week where we say a big THANK YOU to all the volunteers out there.

NATIONAL 18-24 MAY 2020
VOLUNTEER
WEEK
CHANGING COMMUNITIES.
CHANGING LIVES.



National Volunteer Week 2020
Exclusive National Sponsor



Clifton Community Health Services

Published by Brad Clifton [?] · May 22 at 1:20 PM · 🌐

Darling Downs Health

If you're feeling unwell
STAY at HOME



Clifton Community Health Services

Published by Brad Clifton [?] · May 12 at 9:35 AM · 🌐

Happy International Nurses Day



International Nurses Day 2020

Thank You!

THIS CARD IS TO SAY
THANK YOU ON THIS
SPECIAL DAY



Clifton Community Health Services

Published by Brad Clifton [?] · May 11 at 10:33 AM · 🌐



Clifton Community Health Services

Published by Brad Clifton [?] · May 22 at 11:51 AM · 🌐

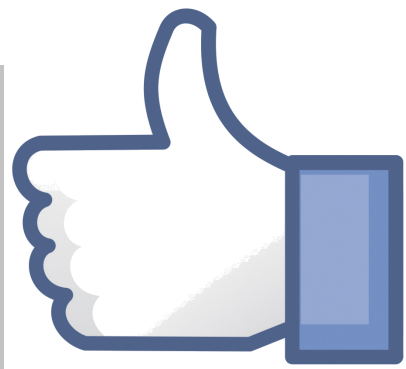


And importantly, if you're feeling sick, you need to stay at home and get tested.

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Stay COVID free and do the three

As we start to get back out there, it's up to all of us to be COVIDSafe by...



Janita Kaye Douglas

May 14 at 1:42 PM

Visits with Poppy ❤️ he loves his new pillow 🧡



Jade Gilchrist

👤 Founding Member · May 22 at 1:53 PM

Sunshine Lodge was getting creative.



**Friends of CCHS
Facebook Group**
Helping families stay
connected



Jade Gilchrist

👤 Founding Member · May 22 at 2:14 PM

John learning drums on the tablet.



Jade Gilchrist

👤 Founding Member · May 22 at 2:15 PM

Casey is a pool shark... look out Max!



👤 Robyn Kersley

Seen by 31