



**CLIFTON COMMUNITY
HEALTH SERVICES**

Newsletter

June 2019

Chairman – Chris Bazley



Goodday everyone,
Another financial year almost done with our medical centre leading the way with many more influenza needles being done than last year. Federal elections are now behind us we are

A great photography evening at the library Louise (my wife) said was great fun and a pleasure to see skill and expertise in the exhibition. We are fortunate to have a great library which has just been refurbished.

hoping there will be better funding across and number of the services provided by Clifton Community Health Services.

I know there are dozens of other things our volunteers do, so if you see me please let me know what you have been doing as a volunteer. It is great to see volunteers acknowledge during volunteers week.

The Clifton Community Health Services board is getting close to appointing two new board members to give us a full team. More on the soon.

The board are putting a lot of effort into following our strategic plan and making decisions on increased staffing to reduce staff workloads in a few areas and ensure we maintain the highest standards of care and services for all our residents and patients. More on this down the track.

All feedback can only make Clifton Community Health Services a better business so please let me know what you think about anything or just stop me for a chat.

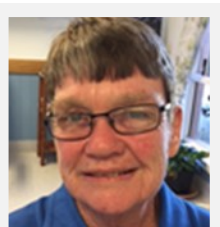
It was great to see our volunteers helping with cards last week, running a garage sale and selling raffle tickets and goodies at the Clifton ute and boot.

Hope all goes well,
Regards,
Christ Bazley

Complaints/Compliments and Feedback via the resident representative-Anne K

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This month has been busy with plenty of activities to attend as usual. We had new entertainer visit us this month who were very good with Terry on Bass who also happens to be Jades father. Jade joined them briefly to play her flute and is still trying hard to over come stage fright. We

are now down to two chickens as we have lost two over the past two months. Volunteers had a lovely day out to celebrate volunteers week which I was fortunate to attend as part of my role as a Resident Representative. Please see me if you have any concerns or feedback.

General Manager-Brad Jones



This year has marched on as we now approach June and all of the usual end of financial year tasks are ahead of us this month.

We had our financial auditors visit us and check the books and make sure we are ship shape.

Some improvements were made with the introduction of duress alarms installed in the hospital and allied health rooms. Some extra buzzes were also fitted in the nursing home to assist residents seeking assistance from some common areas.

As mentioned in the previous newsletter we hosted the Virtual Dementia Tour and we had nearly 50 staff, volunteers and community members go through the experience.

The Virtual Dementia Tour is proven to be the closest we can give a person with a healthy brain an experience of what dementia might be like. By understanding dementia from the person's point of view we can change practice, reduce challenges and improve lives.

Trained VDT facilitators guided our participants, fitted with patented devices that alter their senses, through common everyday tasks and exercises. This simulation enables you to experience real life scenarios for yourself including physical and mental challenges those with dementia face, and use this experience to provide better person-centred care.

During the tour our participants have felt confused, isolated, lost, apprehensive and vulnerable. This will help them understand what you can change to improve quality of care based on their personal experience.

Feedback from some of our staff who have completed the tour:

"Everyone in the Clifton Community Health Services needs to experience this!"

"You walk in the shoes of someone with dementia."

"It's a true to life experience."

"There is a change of perception."



VIRTUAL DEMENTIA TOUR™
YOUR WINDOW INTO THEIR WORLD

Please "Like" our Clifton Community Health Services Facebook Page, we have gone past 590 likes for the page

Remember, a community working together with a common purpose can achieve anything.

"Together we will continue to make a difference"

Regards Brad

National Volunteers week 2019



Our volunteers went on a mystery bus trip to celebrate.



Thank you to all
our wonderful
Volunteers for
the work they
do.





A wonderful exhibition of photography by Nelma Ward helping us to raise funds for Sunflower Lodge. Thankyou Nelma.



Thumbs up from Louise



Taking the trike for a test run with Louise & Helen. Making sure everything is ready for our residents.

Lifestyle Coordinator— Jade Gilchrist



Lifestyle & Volunteer Coordinator—Jade Gilchrist

Hi everyone,

Finally some headway on the project and by the time you ready this you will know that some residents have already had a spin on the Bon Trike.

If you are interested to take a ride just let me know. Meanwhile we will look into acquiring some heavy jackets and gloves. The ride is local and rarely goes above 40ks but you are required to have your queen wave ready to wave to the locals as part of the experience.

I plan to get the staff out for a ride as well as the volunteers so they can know what to

expect and be able to support residents during their outing.

As one project ends I am already thinking of new ideas and planning to bring another new activity on board.

Stay tuned and see what pops up in early June? This new project will be the opposite of a thrill ride on the Bon Trike.

Ps, we are looking for donations of records to play on our record player if you can help us out please let us know.

Regards, Jade.

Thinking about becoming a volunteer?
Give Jade a call 0400 404 490

June Birthdays

- Clyde 5th
- Ronald 10th
- Ken 14th
- Ross 26th
- Patricia 28th
- Eunice 28th



Welcome New Residents

Bob and Rob



Rest in Peace

Margaret S

Hazel Y

Margaret B

Lifestyle Award WINNER



The winner of the Lifestyle Award for May! **Pauline** under the category of Excellence in Education
Congratulations Pauline

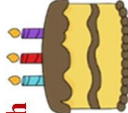
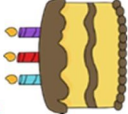










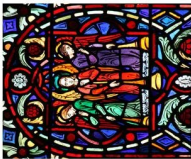

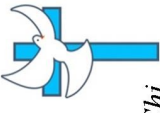















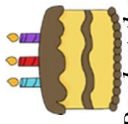




10:00am

**MORNING TEA
ACTIVITIES START
AROUND 10:30AM**

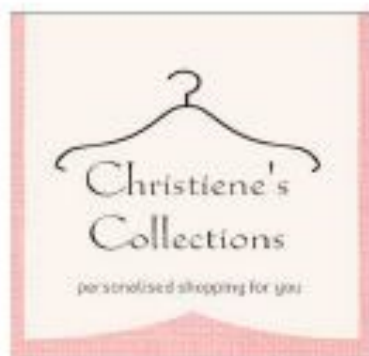
June 2019



**CLIFTON
COMMUNITY
HEALTH
SERVICES**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
BIRTHDAYS Clyde 5th Kenneth 14th Ross 26th 	Patricia 28th Eumice 28th Ron T 10th 	5 Lynelle Plays  1pm Pool at the bar	6 Heritage Highlanders 	7 Weekend Trolley 	1 HEY HA <i>it's a Saturday</i> 	2 10.30am Presbyterian Service 
3 Tai Chi Movie 	4 Cards & Games 	5 Lynelle Plays  1pm Pool at the bar	6 Heritage Highlanders 	7 Weekend Trolley 	8 Three Angels Gospel 	9 
10 9:00am Catholic Church Service 9:40am Tai Chi 	11 Cards & Games 	12 Visit  1pm Pool at the bar	13 Holzs Plays 	14 Weekend Trolley 	15 HEY HA <i>it's a Saturday</i> 	16 
17 9:40 am Tai Chi Christine's Collection Shop 1pm Craft in Nirvana 	18 Cards & Games 	19 Armchair Travel  1pm Pool at the bar	20 Grace Plays 	21 Weekend Trolley 	22 HEY HA <i>it's a Saturday</i> 	23 
24 9:40am Tai Chi 10:30am Anglican Church Services 	25 Cards & Games 	26 Birthdays school  1pm Pool at the bar	27 Ken Plays 	28 Residents Meeting  Happy Hour	29 HEY HA <i>it's a Saturday</i> 	30 

PROGRAM IS SUBJECT TO CHANGES



Christiene's Collections

providing:

- Personal shopping experience delivered to your venue.
- Wide range of ladies and men's fashions.
- Independent choice and convenience.
- Social event for consumers.

Christiene's Collections ...personalised shopping for you...

Visiting

CLIFTON Community Health Services

on

Monday
17th June 2019

from 10:30 am

For further information / booking enquiries
please contact:

Christiene Nettelfield

Phone: 0447 642 207

Email: info@thegums.com.au

Postal:

PO Box 527, Kingaroy Queensland, 4610

ABN: 188 58 20 73 64

Christiene's Collections
is my mobile fashion store.

- I deliver an 'in house' personal shopping experience to your venue.
- I offer for sale a wide range of beautiful and affordable fashions for men and women.
- This unique shopping experience allows you to see and feel the quality of the garments, try them on for size, colour and style and shop in the comfort of your own environment, whilst enjoying a social experience with friends and family.
- All items are available for purchase on the day of my visit and additional items can be ordered as required.
- Gift Certificates are available.
- Payment for purchases by cash / Eftpos on the day. Other payment options by arrangement

Hope you visit me soon,
Christiene



Clifton Community Health Services

Published by Brad Clifton [?] · May 5 at 6:40 AM · 🌐



Cr Anne Glasheen - Toowoomba Regional Council
May 3 at 8:21 PM · 🌐

👍 Like Page

Congratulations to Nelma Ward on her first Photography Exhibition. Excellent display at the Clifton Library. Pop in have have a look.



Clifton Community Health Services
@CliftonCHS



Clifton Community Health Services
Published by Brad Clifton [?] · April 30 at 4:23 PM · 🌐

Thank you to the volunteer team at the Clifton Museum who have restored and donated a Hay Rake to accompany the donated tractor. Pictured here are two of the team, Ga Weidman and Les Mason. Thank You



Clifton Community Health Services

Published by Brad Clifton [?] · May 3 at 2:21 PM · 🌐

Here is another dedicated group of our supporters.
I was happy to officiate at the Annual General Meeting this week of the Clifton Hospital Auxilliary.
This group of volunteers drives fundraising efforts to support the operation of your communities own, locally owned and operated, not for profit, health services charitable co-Operative. Thank you all and congratulations to the incoming and continuing office bearers. THANK YOU

