

HEALTH SERVICES

Newsletter

July 2018

Chairman – Chris Bazley



Goodday Readers,

The financial year close is with us and our total complex numbers look strong and support the sustainability of all components of our community business. I enjoyed meeting with the Ladies Hospital Auxiliary a few weeks back and hearing of their plans. These

ladies, many individuals, businesses and community groups continue to make donations to our new Sunflower Lodge which is much appreciated.

I'm really proud of what the Clifton and District Community has achieved with the great range of health services available to us all and staffed by the most professionals and caring teams supported by passionate volunteers.

Speaking to a number of our residents I got a clear message that we need our own bus to move people around and especially be able to have a quick trip into town for a coffee or an ice cream – something I can

really relate too! I am making getting a bus one of my personal targets for next year.

Accreditations of all sections of our operation seem to always be on the go. Staff continue to take these in their stride, with excellent results being achieved. Well done.

I visited a specialist in the big smoke this week and he couldn't believe all the good things we have here – he may even move to the bush!!

Lots of fund raisers coming up where getting together and having a few laughs is also part of the package. Wherever you can support will be much appreciated.

Let's hope for some good rain soon to brighten things up a bit and get some winter fodder and grain crops in the ground.

Great donation of a vintage tractor to our Sunflower Lodge from a local family – Fantastic! Can you think who this is?! More news on this soon!

Regards Chris Bazley Chris

Inside this issue:

Chairman Report	1
Residents' Round-Up	1
General Manager Report	2
Director of Nursing Report	3
Medical Practice	4
Sunflower Lodge	5
Upcoming Events	6

Residents' Round-Up Max & Margaret Bell



Margaret was born in April 1934 in Warwick, she has one brother and two sisters and continued to live in the area. Margaret later fell in loved with Malcom Bell of Maryvale born October 1928 who had five half brothers and three half sisters. Growing up in Maryvale he went on to farming the land and became a well borer.



Margaret and Max married in

Warwick in 1950, a fond memory of the day Max remembers getting bogged on his way to his beautiful wife to be. Margaret and Max had a great working life together, Margaret would climb to the top the bore driller and do maintenance Max also commented she could throw a spanner well.

They had a son who travelled with them around South West Queensland while drilling for water. Then later moving on to his own career.

After retiring in the late 1990s to a farm in Canningvale enjoying the country life. They then moved to Warwick to a large block to continue gardening and spending time with friends and family.

General Manager—**Brad Jones**



Hello everyone, half of 2018 is behind us and it has been six months of Activity and Achievement.

We continue to experience strong demand for all of the services provided by your community owned and run, not for profit, Health Services Cooperative.

Congratulations to all team members on the great results from the recent round of scheduled reaccreditation visits for both the hospital and nursing home.

This is only the second time that as part of the overall re-accreditation we have had experience with the Consumers relatively new. Experience of the Quality of Care Report. This report involves the assessment teams asking a standard set of questions to residents and collating the responses. As with the first one that we received for Nirvana Hostel last year, the one for Clifton Nursing Home was outstanding. Covering everything from the meeting of personal needs, how residents are respected through to the food and environment the survey shows that needs being met and exceeded.

We view Accreditations as an opportunity to continually improve

and we have again come away with a number of areas that will form part of our next round of ongoing continuous improvement and contribute to making us an even stronger organisation.

Sunflower Lodge, our Memory Support Household Project as part of Clifton Nursing Home, continues to take shape as the link to the nursing home is constructed and work continues on the car park. We are hopeful that council will soon provide the necessary connections to Council Services and we anticipate opening later in the year.

Support for the project remains strong with individuals, consumers, businesses and families all making donations to assist with the final fitout. Donations are still welcome and further information can be obtained by contacting me.

Consider buying a ticket to the Sunflower Lodge, High Tea Fundraiser that is on Sunday July 22nd.

On the staff team front we have bid farewell to our Finance Officer Shar who has retired and we thank her for her commitment to our fantastic community organisation. We welcome Louise to the new role of Finance Manager, Joan to the newly created position of Clinical Care Coordinator (Aged Care) and Jade to the new role of Lifestyle and Volunteer Coordinator. Additionally two of our "home grown" new RN's Laura and Courtney have headed off for new challenges in Longreach and Toowoomba.

Several Flu Vaccination clinics for the staff team, residents, patients and the wider community have been held

over the last few months, with vaccination take-up rates increased over previous years.

Thank you to everyone who continues to support the S&N Collection outlet centre. remember that as a community we must use it or lose it and we do not want to lose this valuable service for our town.

The Diversional Therapy Centre continues to get utilised by both residents, patients and now hosts two additional public and staff Tai Chi sessions each week during school terms.

In August during Seniors Week we have received some funding from Council of the Ageing to host an onsite Seniors week entertainment morning, further details to follow.

Thank you to all our Directors, community volunteers and supporters and to our tremendous staff team, on behalf of the residents and patients, thank you for all that you do.

Please "Like" our Clifton Community Health Services Facebook Page, we have gone past 440 likes for the page

Remember, "Together we will continue to make a difference"

Regards Brad





Lifestyle & Volunteer Coordinator—Jade Gilchrist

Jade Gilchrist has come on board as a new Volunteer/ Lifestyle coordinator and has been working in leisure and health for over 17 years. Jade is looking forward to getting to know the staff and residents. One of the new initiatives Jade has brought on board since arriving at the Clifton Community Health Services is the introduction of the Lifestyle Awards. Residents and families can nominate a staff member or volunteer for excellence in the following areas: Dignity, Team work, Care, Independence, Safety, Advocacy, Education, Dependability, You can collect a nomination form in most of the nursing stations or just ask Jade in her new office located in the DT Building next to the kitchen. The first winner of the Lifestyle Awards was Sharee under the category of Excellence in Care.

Congratulations Sharee!





Director of Nursing – Heather Miller



Well, with six months behind us we are looking to continue with the great year we are having and finish off 2018 in an even better position.

The last three months have had a heavy focus on scheduled re-accreditation, with both the Nursing Home and Hospital undergoing full re-accreditation processes

from the Australian Aged Care Quality Agency and the Australian Council of Healthcare Standards respectively. It is a tribute to our outstanding team that we continue to meet and exceed all the relevant standards. As a community organisation we have a commitment to continuous improvement and as with any accreditation visit, we have emerged with a list of items and processes that we can improve on and implement to make sure that our services continue to excel.

Winter and the Flu season are upon us and the entire community can play a part in protecting residents, patients, families and staff. If you are unwell, or have been unwell with any symptoms of flu or gastro, please do not enter the Hospital or Residential Aged Care buildings. Also please make sure that you are up to date with all relevant vaccinations.

Additional Mandatory Training sessions, along with sessions on documentation, dementia, medication management have been held with the training program for July to December filling up fast.



Mothers day Morning Tea in the DT room celebrated with a High tea

We are looking forward to the opening of Sunflower Lodge, which is the new wing of Clifton Nursing Home that will focus on providing a supportive environment for those in our community who are living with dementia. A big thank you to our dedicated staff team who continue to provide outstanding levels of care and service to our older community members. Also a big thank you to our community who continues to support us in so many ways.

Regards, Heather



April – May – June Newsletter Medical Practice

Over the past few months we have seen the new Medical Practice open for **three years**!! Time fly's when we are busy serving the community J

During that time we have grown as a practice and introduced more Doctors and many more Medical Students. On average we have two medical students with us most of year, they stay here on site and visit all the local shops while exploring our great community. We hope you make them feel welcome and part of our community, as they are all potential Doctors wanting to come back and work here J



Medical Students: Laughlan, Sarah and Matt (4th year students) – just finished a 7 week rotation from Griffith University.

2018 FLU CLINIC

What a success!!! Over three days we vaccinated over 300 patients with the government funded flu vaccine. We have finetuned our processes over the years and it's now a well-oiled needle giving machine.

Some Random facts about Clifton Medical Practice.....

Number of patients seen in the last three months: 4733!!

New patients the Practice has seen for the past three months: 164

How many staff employed within the Medical Practice: **18 across admin, cleaning, nursing and doctors! Not counting Medical Students**

Remember Clifton Medical Practice is a BULK BILLING Private Practice

Clifton Medical Practice offers a FREE Skin Cancer Clinic

Please speak to your GP or one of our friendly receptionists to book in for your next skin check.



Lots of progress made on the Sunflower Lodge walkway



Sunflower Lodge High Tea Sunday July 22, 10.30am Clifton Hospital Diversional Therapy Room \$25.00 - R.S.V.P. July 10

Bookings: Contact Jenni Imhoff 4697 3517 Louise Bazley 0419 677 004 Bernie Trimingham, 4697 3757 Merilyn Hamilton 4696 3127



Enter D.T. Room via Kates Street



Clifton Community Health Services Seniors Week Event

Morning Tea with Cathy Drummond, Singer/Entertainer/Cabaret Artiste Wednesday 22nd of August Doors open 9.00am Clifton Hospital Diversional Therapy Room... entry via Kate street Lucky Door Prizes Free to the public

RSVP August by Wednesday the 8th for catering Call the office on 46973 735

Queensland Seniors Week 2018

Celebrating a Queensland for All Ages



18-26 August



Visit www.qldseniorsweek.org.au or phone 1300 738 348