

# Newsletter January 2022

# **General Manager-Brad Jones**



Well, once again, not the end of the year or the fresh beginning to 2022 that we were looking for, although in my opinion, entirely

predictable with the removal of border and other restrictions. In late

December we were elevated to Moderate Risk Level with regards to

PPE (Personal Protective Equipment) use across the complex and this was elevated to High Level PPE use a few weeks into January 2022.

The Federal Government announced on Christmas Eve that Rapid tests would be provided to all Residential Aged Care organisations and that delivery would commence on 4th January 2022. We commenced following up on the 4th January and unfortunately at the time of writing

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are still yet to receive any of the Govt Supplied tests or receive any word on a possible delivery date.

That said we had earlier in the second half of 2021 secured our own small supply (at great cost) at we have been using these sparingly to risk manage each potential situation on a case by case basis. Through all of this we have managed to so far remain open for visitors and I want to thank all of you for your continued cooperation with our entry protocols, mask and other requirements and not attending when you are unwell or are a potential close contact of a case (under whichever definition applied at the time)

Towards the end of the year we managed three great Covid-19 safe Christmas parties and I wish to thank everyone who played a part in creating these positive memories for residents, patients and staff.

Our wider circle is already experiencing positive Covid cases and unfortunately it is perhaps only a matter of time before we have it within the centre, keep working with us, and together we can continue to make a difference. Brad

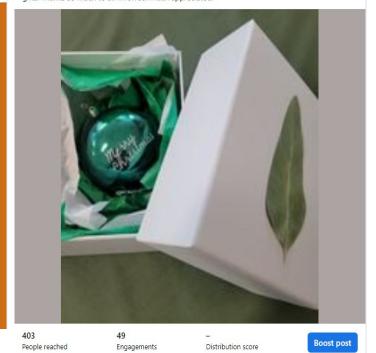


You know we have had too much rain when a new resident moves into the plant pot in your office. Please review all the new mask requirements and have a safe weekend everyone



Clifton Community Health Services
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A collaboration of effort and time as well as donations from Dabblers to Kathy B for the boxes to DT for the leaf attachments; our volunteer Christine for putting them into place for resident family gifts. Thanks so much to all involved. Much appreciated.





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### Clifton Courier December 20, 2021 ⋅ 🚱

As the result of a very busy and successful race day, the Clifton Jockey Club was proud to present the proceeds from its Wheelbarrow Raffle to the Clifton Community Hospital.



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# Jockey Club lends a helping hand

As the result of a very busy and successful race day, the Clifton Jockey Club was proud to pres...

### Hiya from the DT Team

Our nurse Danielle and her band of helpers late in the night did a great job of decorating the halls this year asked if they could do a beach, surfboard, summary Christmas theme in the hallways with seagulls, etc. Then, about a week or so after that Santa stated very clearly that 2021, he asked if he could possibly not wear the full Santa gear. Long pants, long sleeves, boots, etc. So, it was set – board shorts, Hawaiian shirt, surfboard, thongs (the kind you put on your feet for those that are from other cultural backgrounds) but still of course would have kept his white beard and would wear his Santa hat.

Casey and Marianne (The DT Team) happily brought the nurses Australian Christmas theme to life started with the invitations to residents and their families with the first step featuring Santa next to a Billabong which was put together by CCHS' receptionist Linda and finalized by the DT team. Kathy from Laundry and her husband John who assisted with the decorations in the DT room – anything from a Ute with lights and number plate ST...NIC, a metal windmill, 6x white boomers, 4x large kangaroo cut outs, covers for the pool table to act as a display area as well as Santa Hat seat covers for the residents. A few cute and cuddly koala faces with rosy cheeks and Santa hats made it onto the walls also courtesy of Kathy.

Christmas celebrations closer to Christmas itself for the residents resulting in a night activity whereby the Nightingale Choir was invited to come and sing Christmas Carols with more of a northern hemisphere design with hot chocolate and other goodies.

CCHS and the DT Team would like to thank those who were individually responsible for contributing to the three days of Christmas Parties in their time, input, and efforts. All hard work. All well done.

Thankyou to Management for the budget approvals that allowed for the overall theme in the DT room and to the finance department/reception for taking the RSVP calls.

A special thankyou to our nurses: Sharee and Danette for the charades in the Nursing Home party

A special thankyou to Mr and Mrs Santa Clause for their charades at the Nirvana/Villas party Kaye from the Women's Auxiliary was a real trooper and helped with charades at the Sunflower/Hospital Party.

A huge thank you to all nurses on hand for their willingness to help and just jump in wherever they saw a need.

Sandra our Housekeeping Director worked closely with the DT Team and the Kitchen to make arrangements for catering. The aim was to introduce new salads and prawns to the Christmas Lunch which by what we can gather from zero complaints, it went well.

### ESPs to thank:

Belinda for her lending of the cold room which was a great help, and we will certainly take up the offer again.

Carol helped with assisting with tidying up even though it was her day off.

The extra staff in the kitchen that were working and helping on the day - Thank you very much. We couldn't do it without you.

Terry – For being everybody and anybody. For always being there for the residents to bring smiles to their faces.

Neil we would like to thank for his wonderful efforts and contribution to building a fireplace for us that we can use in any Christmas or themed setting where required. He built it from a picture chosen off the internet and delivered a great finished product. Neil is always helpful in his role which requires to move tables and chairs back and forth when needed.

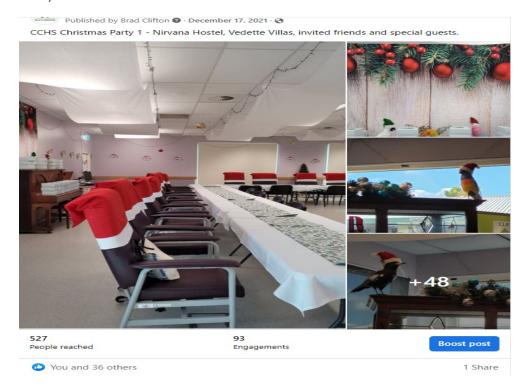
Clifton Dabblers for assisting with the Christmas gifts for the residents' families who attended the Christmas Parties.

Unknown contributor - Themed Australian Flowers. Thankyou. They were beautiful.

We announced a fund-raising goal of ours at the Christmas Parties to raise money for a ScanNCut Machine, like the Cricut Machine that some of you may have heard of before. It is to assist the DT team in making craft accessible and easy for the residents to personalize and make it their own without too much effort involved. The fund raising was achieved through the raffles and over three parties, we managed to raise \$304.00 We are excited to see how close we can come to the \$1,000.00 we are aiming for which will include the machine and materials required to get it up and running effectively. Should anyone in the community wish to donate to this fundraiser, we would be greatly appreciative. We will keep you updated in coming newsletters of how much more we have been gifted as monies come in. We are looking at doing a Crazy Hair Day and Garage Sale in coming months. Please ring CCHS DT Department for further suggestions, queries, or contributions. Thanks so much for your support for the DT team.

Regards,

Casey, Marianne, and our wonderful volunteers.



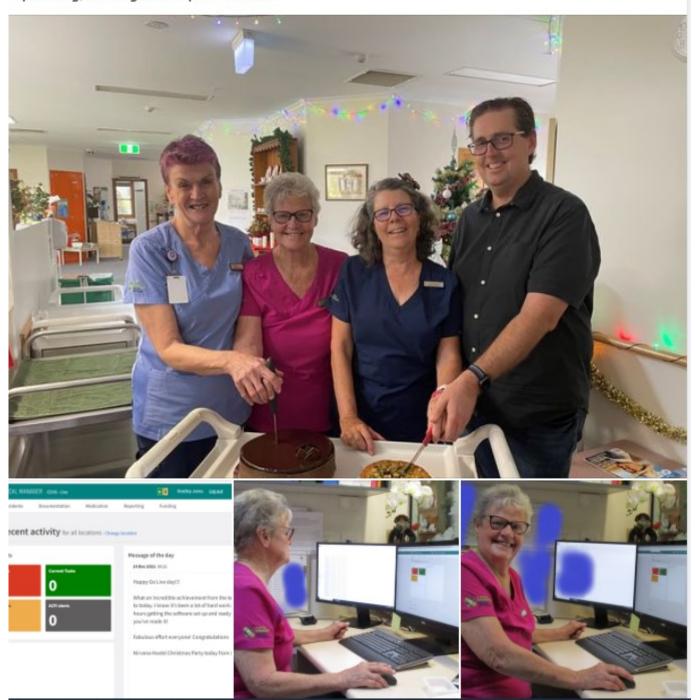


## Clifton Community Health Services

Published by Brad Clifton @ · December 17, 2021 · §

A Huge week, along with everything else we went "live" in Nirvana Hostel with the Telstra Health ICare system the latest step along our Information Technology Roadmap, improving overall Clinical Governance and System Management across all areas. The rollout will continue across the organisation in 2022.

A big Thank You and well done to the the entire team and everyone who engaged with the planning, training and implementation.





# JANUARY



			!	1	-	
Monday	luesday	Wednesday	Ihursday	Friday	Saturday	Sunday
					<b>→</b>	2 10am Presbyterian Church in Nirvana
3 New Years	4 10am Morning Tea	5 10am Morning Tea	6 10am Morning Tea	7 10am Morning Tea	00	9
Public Holiday 10:30am Hoy		10:30 Lynelle plays	10:30 Judith Plays	10:30 Bingo		
10 10am Morning Tea 10:30 Crossword Bingo	11 10am Morning Tea 10:30 Hoy	12 10am Morning Tea 10:30 Trivia 1pm Happy Hour	13 10am Morning Tea 10:30 Holz Plays	14 10am Morning Tea 10:30 Bingo	15	16
17 10am Morning Tea 10:30 Hymns with Kath	18 10am Morning Tea 10:30 Hoy	19 10am Morning Tea 10:30 Residents meeting 1pm Pool in DT room	20 10am Morning Tea 10:30 Armchair Travel	21 10am Morning Tea 10:30 Bingo	22	23
24 9:30am Tai Chi 10am Morning Tea 10:30 Anglican Church	25 10:30 Australia day BBQ and GAMES	26 Australia Day Public Holiday	27 10am Morning Tea 10:30 Ken Plays	28 9:30am Tai Chi 10am Morning Tea 10:30 Bingo	29	30
31 9:30am Tai Chi 10:30 Movie with Morning Tea			Audrey 5th (98) Monya 22nd (81) Grace 23rd (90)			

What does Tai Chi, deep breathing and laughter have in common?

A lot, as it turns out, especially here at CCHS of a Friday morning in the DT room. We have had a story developing within these walls which we would like to share with you all. It started with an RN asking if the DT department could organize some deep breathing exercises, for the residents before activities.

We said 'Yes. Certainly, we could arrange that for them'. In discussions of what and how would be the b... See more



CCHS Christmas Party 2 - Clifton Nursing Home, invited friends and special guests.











# **Clifton Vet Clinic**

The Clifton Veterinary Clinic has serviced our community for nearly 15 years and has built a reputation on experience, quality service and community involvement.

Located next to the Clifton Courier, the Clifton Veterinary Clinic treats both large and small animals and now offers a *home care service* for your family pet.

From Spring Creek to Wyreema our vets are available to treat your pet or livestock in clinic, on farm or at home with our 'Pet Taxi' service.

With experienced staff giving professional friendly service and caring advice all year around; the Clifton Veterinary Clinic is the name this community trusts.

Check them out at warwickvet.com.au

