



**CLIFTON COMMUNITY
HEALTH SERVICES**

Newsletter

December 2018

Manager—Brad Jones



As we move into December it is timely to reflect on the year and just some of the achievements of 2018.

Sunflower Lodge of course, further fire protection system upgrades, successful Reaccreditations across all aspects of the organisation, increased access to Doctors and Nurses, Approval for the Medical Intern program commencing 2019, commissioning of our second solar system project, increased membership of the Hospital Auxiliary, enhanced rain water capture and storage capacity, significant individual and business financial support of our services, the many student nurses and doctors that called Clifton home for a taste of Rural medicine and an enhanced Lifestyle and Volunteer Program.

During the year we have bid farewell to some familiar faces and welcomed new members of the team, said a tearful goodbye to residents and welcomed new faces. Christmas can be a tough time for some in

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our community as they reflect on the positive and not so positive events of the year and perhaps face that first significant event without that special someone, so make sure to reach out to your neighbours,

colleagues, friends and family and include them in your plans this year.

2019 will be a time of increasing complexity and challenge as the Accreditation systems for Hospitals and Aged Care commence a new system of Standards and we watch with interest the changes that will occur as a result of the upcoming Royal Commission and formation of the new Aged Care Accreditation body.

I take this opportunity to wish everyone a safe, healthy and happy Christmas and New Year and look forward to your support in 2019 as we continue together to make your locally owned and operated, not for profit, Health Services Cooperative, the very best that it can be.

Thank you to all our Directors, community volunteers, families and supporters and to our tremendous staff team, on behalf of the residents and patients, thank you for all that you do.

Please “Like” our Clifton Community Health Services Facebook Page. We have gone past 530 likes for the page

Remember, a community working together with a common purpose can achieve anything.

“Together we will continue to make a difference,”

Regards, Brad

Residents' Round-Up



Marnie was born on the 17th of March 1950 an only child she grew up in Toowoomba.

She has lived in Horton Village for the past twenty years before coming to live here in Clifton Nursing Home.

Marnie

Marnie enjoys attending her church and has many other interest including knitting teddy bears, walking, tenpin bowling, going out for coffee and up until last year Marnie was still riding horses.

Marnie loves to be around people and enjoys doing most activities and is a happy go lucky person. She enjoys a chat and a joke or two.

Director of Nursing – Heather Miller



As I write this contribution for our last newsletter of the year, Christmas is only weeks away.

We have two tremendous resident and family Christmas Parties coming up and I will take this opportunity in advance to thank the staff and volunteer team who are again combining to put on these highly anticipated events in our calendar. A whisper has reached me of some special entertainment which I look forward to seeing.

As 2018 draws to a close we can reflect on another successful year. What a magnificent resource. Sunflower Lodge is for us and the community and I extend a big thank you to architect Lester and the Elia Architecture Team, Builder Rowan and the Ruhle Developments Team and Designer Kym from Kym Rose Design for all the time, effort and thought that went in to creating this amazing extension to Clifton Nursing Home for us and our residents.

In 2019 I am hopeful of success with our current grant applications to allow for upgrading of some of the older parts of our existing buildings.

Our strong education and training focus will continue into 2019 as we reinforce our program to upskill our team, with a particular focus on all aspects of Dementia and related conditions.

A big thank you to our dedicated staff team and volunteers who continue to provide outstanding levels of care and service to our older community members. Also a big thank you to our community who continues to support us in so many ways.

I wish you all a safe and happy Christmas and New Year,

Regards,
Heather



Lifestyle & Volunteer Coordinator—Jade Gilchrist

Hi everyone,
 Melbourne Cup had everyone eager for some fun and enjoying a few drinks with lunch while waiting for the race to begin. Elaine took out best dressed and was sporting a lovely orange number with matching fascinator. No sooner were the festivities over and we then conducted our remembrance service marking the 100th anniversary of the Armistice which ended the First World War.

The Volunteers Day Out was a huge success and this would not have been made possible without the grant from the Clifton Community Shop and the Lone

Lifestyle Coordinator— Jade Gilchrist

Eagle Flying school. We were able to look around and learn more about the planes and the school itself. Some brave volunteers had the opportunity to go for a fly which they enjoyed immensely. I cant believe I have already been here for 6 months and I would like to thank the volunteers and staff for their help and support for the Lifestyle Department. We are a great team and working together to give our residents the best care. The plans for the new year will include developing our Lifestyle program in the Sunflower Lodge with Casey's return, growing our volunteer base and looking for ways to be bigger and better than ever. I wish everyone a safe holiday and look forward to 2019.

Regards, Jade.



Welcome New Residents

Shannon, Marnie & Frank to the Nursing Home

Brian to Sunflower Lodge



Lifestyle Award WINNER



The winner of the Lifestyle Award for October was Angela under the category of Excellence in Care.

Congratulations Angela!

Did you see the recent media in the Clifton Courier?



Volunteers Day Out 2018

Melbourne Cup Day



Winners & Grinners at the Melbourne Cup event



10am MORNING TEA

DECEMBER 2018

10:30AM



PROGRAM IS SUBJECT TO CHANGES		PROGRAM IS SUBJECT TO CHANGES	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY
30  10:30AM PRESBYTERIAN SERVICE ANNE	31 NEW YEARS EVE SPORTS 	RESIDENTS NAMES APPEAR IN RED ON THEIR BIRTHDAY 4 CARDS & GAMES  JOHN	 5 9:40AM EXERCISE PAULINES SHOW & TELL 
2 10:30AM PRESBYTERIAN SERVICE ANNE	3 9:40 TAI-CHI Decorations go up Today 	11 CARDS & GAMES 	6 VISIT 
9 10:30AM HYMNS WITH KATH 	10 9:00 CATHOLIC SERVICE 9:40 TAI-CHI SPORTS 	18 CARDS & GAMES 	12 9:40AM EXERCISE ELEANOR'S MORNING 
16 	17 SPORTS 	25 	13 HOLZ'S PLAY 
23 	24 10:30 ANGLICAN SERVICE 	26 BOXING DAY PUBLIC HOLIDAY NO ACTIVITIES MARGARET S	14 WEEKEND TROLLEY 
			19 BIRTHDAYS 
			20 GRACE PIANO 
			21 NURSING HOME CHRISTMAS LUNCH 
			27 KEN GILLAM 
			28 RESIDENTS MEETING HAPPY HOUR 2-4PM 
			7 NIRVANA CHRISTMAS DINNER 
			8 
			15 
			22 
			29 

SATURDAY



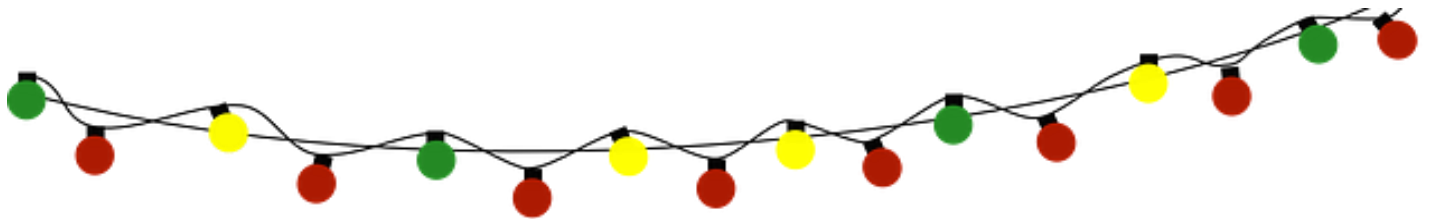
**NURSING HOME
HOSPITAL &
SUNFLOWER LODGE CHRISTMAS
LUNCH**

To be held in our Diversional Therapy Room.

Date: Friday December 21st

Start: 11:30am with lunch being served at 12noon.

**After a visit from Santa, the festivities will come to an end around
1.30pm.**



**NIRVANA & VEDETTE VILLAS
CHRISTMAS
DINNER**

To be held in our Diversional Therapy Room.

Date: Friday December 7th

Start: 5:30pm with Dinner being served at 6pm.

**After a visit from Santa, the festivities will come to an end around
7:30pm.**

