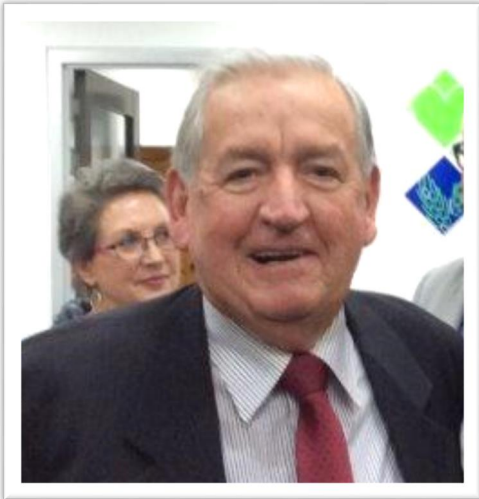




## CLIFTON COMMUNITY HEALTH SERVICES

### Chairman—Mel Binnington



Since last Newsletter we have held our Annual General Meeting which was very well attended, showing strong community support for your locally owned, Community Based, Health Services Cooperative.

On the evening and in our published annual report, I expressed my appreciation to all the team that make Clifton Community Health Services such a special place. I again take this opportunity to say thank you to everyone who plays a part in the smooth running of our not for profit organisation.

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# Newsletter

DECEMBER 2017

Substantial progress has been made on the Memory Support Household Project with the building almost at lock-up stage and work commencing on the external areas including the shed and BBQ gazebo. We are still working with Council on the connection of the building to the towns sewerage system and the construction of the link that will join the wing to the current Clifton Nursing Home. We are actively seeking funding and community support to assist in the fit-out of the building, we have been overwhelmed by the levels of support, however more is needed. Please contact our CEO, Brad Jones, if you are in a position to assist, or would like to know more about our "Adopt a Room" Program.

Thank you also to all those who organised, arranged, supported and attended the Fundraising Art & Photography Auction fundraiser, \$7000 was raised towards the fit-out costs of the Memory Support Unit. I specially would like to thank Volunteer Eleanor who came up with and developed the concept with the help of a dedicated team of supporters, Thank you one and all.

After four years as Chairman of the Cooperative, this year I have decided that it was time for me to step down as Chair and give another Director the opportunity, so whilst I remain a Director on the Board I am pleased to advise that at the November Board Meeting, Mr Chris Bazley was elected as Chairman and Mr Andrew Douglas was elected as Deputy Chairman. I wish them both well in their new roles and look forward to working with them as we continue the journey to expand and improve on the services we provide for our community.

As I reflect on my tenure as Chairman I am pleased and humbled by what we have all achieved together, including, but not limited to, The wonderful Diversional Therapy Building, the magnificent Clifton Medical Practice, The Memory Support Household under construction, the Fire Systems Upgrade, Two major solar generation projects, Nirvana Hostel Upgrade, our new management structure and enhanced strategic plans. It has been my privilege to serve as Chairman and I pay tribute to my fellow directors who give so freely of their time and expertise, it must be remembered that we are all serving in a voluntary capacity to make the organisation the best it can be.

So in this, my final column as Chairman, I would also like to thank my wife Lorraine for her unwavering assistance and support over my time as Chairman and I wish everyone a safe & happy Christmas and New Year.

*Mel*

## General Manager— Brad Jones



Hello everyone, welcome to our last newsletter for 2017. I feel sure that you would agree

with me that the year has passed very quickly with less than two weeks to Christmas. I enjoyed catching up with many familiar faces at the recent Hospital & Nursing Home Christmas Party and look forward to meeting many more at the Nirvana Hostel event.

Christmas is the season of giving and since last newsletter we have amazing progress on the Memory Support Household and we look forward to having this exciting community initiative operational in 2018.

As Mel has outlined, please contact me if you are in a position to assist with funding the cost of the building fit-out and thank you for supporting the Art Show Auction.

We have received some major donations: from Clifton Meals on Wheels, the Clifton Lions Club as part of their 50 year anniversary Celebrations, the Mason family, CEFN, the Fogarty Family and many other

donations of Funds or goods from private individuals, residents, their families and from local groups.

I would like to particularly recognise Mr Ken Gilliam who has been a great supporter of the project since day one and has personally donated a very large five figure sum towards the Household. Thank you Ken, we are proud to have you as part of the Clifton Co-Op family.

We wish to publically and humbly acknowledge all of this support and say a big Thank you, the project could not be completed without your generosity. We look forward to all of your contributions being recognised on the Donation Board that is being constructed for the Building.

On other projects the Solar Power Generation Project for the Medical Centre was approved by Ergon and is now in operation, we await the next bill to gauge its impact.

Thank you to everyone who continues to support the S&N Collection outlet centre. remember that as a community we must use it or lose it and we do not want to lose this valuable service for our town.

It was a great pleasure to see all the interested parties come along to our

Annual general Meeting and I take this opportunity of thanking Chairman Mel for his support over the last few years as he hands the reins over to Chairman Chris. We could not function as an organisation without the amazing work of our Volunteer Board of Directors.

Following on the success of our combined Seniors Week Activity partnering with the Toowoomba Regional Council, we have been approached to run a similar event, early in 2018, stay tuned for more details and please come along.

Thank you to all our Directors, community volunteers and supporters and to our tremendous staff team, on behalf of the residents and patients, thank you for all that you do.

Please “Like” our Clifton Community Health Services Facebook Page, we have gone past 280 likes for the page

I wish you all a very Merry Christmas and Happy New Year and look forward with great optimism to 2018.

Remember, “Together we will continue to make a difference”

Regards

*Brad*

## Residents’ Round-Up

### *Mr and Mrs Jackson—Peter and Maud*

Residents of Nirvana, share two rooms which allow them to have a living room and a bedroom – a situation which suits them well. Peter is a farmer of pigs and cattle and remembers well the time one of his family’s Illawarra Shorthorn cows was a Champion at the Royal Brisbane Show. Maud has a Degree in Economics, but it was her love of “littlies” that was the best part of her teaching career in Primary schools.

They still own the 45foot powerboat with its 110 h.p. motor, that gave them both such a lot of pleasure. Boating involved them in deep-sea fishing and fishing generally, often cruising up the Queensland coast from their usual base in Moreton Bay. Maud remembers nothing better than freshly caught fish, cooked in the pan aboard their boat, and eaten straight away.

They are justly proud of their son and daughter. Living at Nirvana allows them to keep each other company in their retirement.



## Art Show Fundraiser



## Director of Nursing – Heather Miller



As I write this contribution for our last newsletter of the year, Christmas is exactly two weeks away and the sounds of Christmas Carols echo from the hallways of the centre. Lights and decorations cover hallways doors and walls, a great sight.

We have already held a very successful Christmas Party for the patients of Clifton Co-Op Hospital, residents of Clifton Nursing Home and their respective family members. All of whom gathered in the Diversional Therapy Building on Friday 8th to enjoy a beautiful meal, great company and win a prize or two in the lucky door draws and raffle. The residents of Nirvana Hostel and their families will be hoping to replicate this fun on Monday 18th December when they hold their own party in the same venue.

As 2017 draws to a close we can reflect on another successful year, highlighted by the full reaccreditation of

Nirvana Hostel for a further three years, successful “half way point” check of the Hospital Accreditation, the enhanced fire safety systems, the commencement of construction of the exciting Memory Support Household, strong staff education and training, increased staffing numbers, very positive resident & patient satisfaction survey results and the addition of additional staffing shifts.

Our strong education and training focus will continue into 2018 as we reinforce our program to upskill our team, with a particular focus on the opening of the Dementia specific, Memory Support Household.

A big thank you to our dedicated staff team who continue to provide outstanding levels of care and service to our older community members. Also a big thank you to our community who continues to support us in so many ways.

I wish you all a safe and happy Christmas and New Year  
Regards

*Heather*



## Medical Practice News

**Tammy Dickeson—Practice Manager**



It is hard to believe that it is December already!

After a busy year it is always nice to look back and remember all that we have achieved and this year is no different.

2017 has seen a new addition to our team with Dr Marilyn Hsu joining us and has proven to be a great asset to our friendly practice. It is also great to know that she will stay on next year in a part time capacity.

Dr Pappas has returned to us following the birth of her second child and has finished her GP training and now a Fellow of RACGP. Congratulations Jo J

The practice has successfully gained accreditation again for another three years; this is always a challenging yet rewarding time for the team. A special mention must go to Rosie for her effort and dedication to the job to ensure we meet and strive for excellence.

It is hard to believe that we have been in our new building now for two and half years, but looking forward to some new and exciting things to come in 2018.

We have some wonderful patients who are thoughtful enough to bring in teddy bears for the children when they are sick or having vaccinations. A special thank you this time around to Sharyn Tranter for the kind gesture, it is always appreciated.

On behalf of all the team at the Clifton Medical Practice I would like to wish all our patients a very safe and Merry Christmas and look forward to the New Year.

*Tammy*



Feeling Unwell?

CLIFTON MEDICAL PRACTICE

can assist with all your health needs!  
(including Skin Checks)

BULK BILLING PRACTICE for all Medicare Card & DVA Holders

Accepting NEW PATIENTS

CHRISTMAS OPENING HOURS

Monday 18th December – Friday 22nd December 8:30am - 5:00pm (As per normal week)	
Monday 25th December	CLOSED
Tuesday 26th December	CLOSED
Wednesday 27th December	8:30am - 5:00pm
Thursday 28th December	8:30am - 5:00pm
Friday 29th December	8:30am - 5:00pm
Monday 1st January CLOSED	
From Tuesday 2nd January 2018 - Normal Hours will resume	

PLEASE REMEMBER TO CHECK YOUR SCRIPTS AND ENSURE YOU WILL HAVE ENOUGH MEDICATION OVER THE CHRISTMAS BREAK  
Please book in early as we will be busy leading up to Christmas

Limited appointments available 28th Dec – 30th Dec

Cnr of Kates & Norman Streets **T 4697 3097**