

Chairman – Chris Bazley



Goodday Readers, board believes gives a good representation from the areas close to this position.

The days are fairly pleasant as we seemed to only have a cold snap for a few weeks. I love the cake and bikkies I buy at Ute and Boot from Hospital Auxiliary ladies and one day I hope to win their raffle.

Also hoping that most of you managed to get a peek of Jades Trike on Channel Seven which is a great way to get residents out and about for a tour around Clifton. Back to wishing it would rain again as we are mowing dirt and weeds.

I have also heard that Jade will be riding in the Women Riders World Relay that started in Scotland and will be reaching Toowoomba on its way to Byron in September. We wish her a safe journey.

Please stop me anytime for a chat if you have any concerns or feedback so we can improve our services.

Regards,
Chris Bazley

We have two grants underway for a bus and hoping for a good outcome. We appreciate everyone helping out in the Medical Centre while we are looking for a new Centre Manager.

We will have the following people leading the recruitment for this position. Jo representing the medical practice, Brad for the management and Rob (Imhoff) as Chair of the Medical Committee.

If you have any feedback on this position please contact any of the people whom the

Complaints/Compliments and Feedback via the resident representative-Anne K

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Hi all, The residents all enjoyed the new entertainer Trevor Stewart who even had one of our volunteers up singing a duet.

Music has always been a highlight of the month and we are lucky to have regular visitors to come and share their talents with us. I am looking forward to the Seniors

Event and Jade has booked 50 spots for us, the volunteers and some family members. If you have a big group coming better let Jade know. Please come and see me if you have any concerns and have an enjoyable month.

General Manager-Brad Jones



A month into the new Financial Year and we are preparing to again welcome our Financial Auditors to perform their usual checks on our operations for the 2018/2019 year. The new

Aged Care Quality Standards that replaced the old Standards are one month old and we have been continuing the work of revising new policies, forms and procedure, a big thank you to the internal and external teams that have been working to assist us in this important work.

As mentioned last newsletter, I have written directly to each resident (or their nominated representative) in relation to the Charter of Aged Care Rights and the CCHS Charter of Resident and Representative Responsibilities. Please make the time to review them and it would assist greatly if you could sign them and return when convenient.

Some more training news with our online training platform being gradually updated to reflect the new standards and we hosted an onsite session aimed at assisting Diversional Therapists to meet any new requirements. The External Consultant that we have engaged to assist with the transition to the new standards has also provided some training to the internal team that has been working on these major changes.

Wednesday the 7th August is Aged Care Employee Day, on this day we will have a celebration of our fantastic team who all play such an important part in caring for the elders of our community, not just on one day a year but every day. I have included some separate information on Aged Care Employee Day in an additional article in this newsletter.

We will also be hosting the Toowoomba Regional Council's Clifton Seniors Week event in the Diversional Therapy Building on Monday 19th August, further details and RSVP information later in the newsletter.

The Royal Commission into Aged Care Quality and Safety continues its work and will commence hearings in Brisbane shortly, I am hopeful of attending some of the Brisbane hearing days and the upcoming community forum.

You will all have read or heard the news about the severity of the Flu Season, as I write this several aged care organisations across the country are in lockdown to try and prevent the spread of diseases including influenza and gastro. It is not too late to be vaccinated with the Flu vaccination, if you have not already done so please contact the Clifton Medical Practice or your preferred health care provider and book in. Also if you have been unwell with any flu like or gastro symptoms, please delay your visits until at least 48 hours after your symptoms have ceased.

Have your say. Available outside my office in Nirvana for another two weeks is a Display with Colour samples for the possible new carpets and Vinyl which we will be able to install under the terms of our successful Aged Care Approval Round Capital Grant. Make sure to have a look and write your preference.

Did you know that as a Registered Charity and Deductable Gift Recipient any donation you make to Clifton Co-Op Hospital Ltd over \$2 is tax deductible? Consider making a donation today.

Recruitment for our new Medical Practice Manager is reaching a conclusion with all shortlisted candidates have been interviewed and I am hopeful of making an announcement shortly.

Remember, a community working together with a common purpose can achieve anything.

"Together we will continue to make a difference"

Regards Brad

Aged Care Employee Day

All Australians are being urged to reach out to people they know who work in aged care on **Wednesday 7 August** this year and help recognise the positive contribution they make to the lives of our older Australians and the wider community.



Aged Care Employee Day is a national day to say thank you to the more than 365,000 dedicated people who care for and support around 1.3 million older Australians who receive care and services each year.

The day is designed to celebrate each and every team member involved in the journey of caring for older Australians. From the nurses and care workers, to the cooks and hospitality teams, to the drivers, cleaners and laundry employees, to the volunteers, to the leisure and lifestyle officers and administration teams – this day is to recognise the entire workforce.

Aged Care Employee Day is an official day, registered with awarenessdays.com. It was initiated by aged care provider Whiddon in 2018 and is now proudly led and co-ordinated by Leading Age Services Australia (LASA).



Individuals and employers wishing to take part can find information and resources on the Aged Care Employee Day website: <http://www.agedcareday.com.au/>

After Lunch Trike Ride

Monday & Wednesday



Birthday Rides
Sunflower Tours
Local Rides

Book your trip with Jade

Residents must be accompanied by a staff member or family member

Must have capacity to sign a waiver prior to ride!

Also open to the community for a donation



Lifestyle & Volunteer
Coordinator—Jade Gilchrist

Hi everyone,

I cant believe the months are just flying by! My weeks holiday to Tasmania is already past me as I now prepare for August. Tassie was lovely and the food was amazing and well worth a return

trip. We went to the zoo and the salmon farm but not without a trip to Richmond Gaol. Richmond boast one of the oldest bridges in Australia built be the convicts over 200 years ago.

Lian got to pat a Zebra, Meerkat, Camel, feed a Tassie devil and lion, but the highlight was the little monkeys making themselves at

home in her hood of the fluffy coat she was wearing.

This month we are back celebrating seniors week in our usual styles with an entertainer hosted by the council so be sure to book your seat.

It wont be long and the lifestyle team will be planning Christmas and I will be playing for you once again if you will have me :).

Don't forget to book a ride on a trike when the weather warms up!

Thinking about becoming a
volunteer?
Give Jade a call 0400 404 490

August Birthdays

Ron	7th
Bruce	3rd
Lloyd	10th
Joe	28th



Welcome New Residents

John and Therese in the
Nursing Home



Lifestyle Award WINNER



The winner of the Lifestyle Award for
July! **Alana** under the category of
Excellence in Care

Congratulations Alana

10:00am

MORNING TEA
ACTIVITIES START
AROUND 10:30AM



August 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>5 9:30am Tai Chi Movie Ipm Craft with Casey</p>	<p>6 Cards & Games</p>	<p>7 Lynelle Plays Ipm Pool</p>	<p>1 Heritage Highlanders</p>	<p>2 Weekend Trolley BINGO</p>	<p>3 HEY MAY it's Saturday</p>	<p>4 10:30am Presbyterian Service</p>
<p>12 9:00am Catholic Service 9:30am Tai Chi</p>	<p>13 School Visit</p>	<p>14 Visit Ipm Pool</p>	<p>8 Holz's Plays Ipm Pool</p>	<p>9 Weekend Trolley BINGO</p>	<p>10 Three Angels Gospel</p>	<p>11 10:30am Hymns with Kath</p>
<p>19 Seniors Week Event</p>	<p>20 Cards & Games</p>	<p>21 Arm Chair Travel Ipm Pool</p>	<p>22 Ken Plays</p>	<p>23 Weekend Trolley BINGO</p>	<p>24 HEY MAY it's Saturday</p>	<p>25 KEEP CALM AND HAVE A LAZY SUNDAY</p>
<p>26 10:30am Anglican Church 9:30am Tai Chi</p>	<p>27 Cards & Games Resident Remembrance</p>	<p>28 Birthdays Ipm Pool</p>	<p>29 Bow and Curtsy</p>	<p>30 Resident Meeting Darling Downs Men Happy Hour</p>	<p>31 HEY MAY it's Saturday</p>	<p>RESIDENTS BIRTH- DAYS Ron 7th Lloyd 10th</p>

PROGRAM IS SUBJECT TO CHANGES



TOOWOOMBA
REGION

SENIORS CONCERT

CLIFTON

- 2019 -



— FEATURING —
MEMPHIS MOOVERS

**19
AUG**

CLIFTON CO-OP HOSPITAL

Diversional Therapy Room, Parking off Kate Street

**9.30am -
12.00pm**

BOOKINGS ESSENTIAL AND CLOSE 16TH AUGUST
Please phone 131 872 and quote 'Seniors Week 2019'



Clifton Courier

July 17 at 2:49 PM · 🌐

There's no doubt that Clifton is very deserving of a 'lift' during these difficult times, therefore it was a pleasure for the newest addition to the CC journalists...
See More



Clifton Community Health Services

@CliftonCHS



Clifton Community Health Services

Published by Brad Clifton [?] · July 26 at 2:33 PM · 🌐

Excitement a few weeks ago as our new replacement Industrial washer and dryer were delivered and installed in the laundry.



Brad Clifton shared a post.

25 mins

Clifton leading the way with innovative ideas for our community.



11,332 Views

7NEWS Toowoomba

July 20 at 12:00 PM

Nursing home residents at Clifton have a new-found freedom thanks to the owner of a big, loud trike.

www.7NEWS.com.au

#7NEWS